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The latest news, views, and announcements

## INSIDE

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### Career Days

Career Day dates and when to expect more

---

### Summer Commencement

Details on our Summer Commencement and deadline to order caps and gowns

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### Dates we are Closed

Dates we will be closed for Holidays and Observance



## Career Days May-June

**Career Days May-June: Thank you to all the employers- past, present, and future that take the time out of their day to come to Central Oklahoma College and speak to our students about their employment opportunities!**

Inspire Hospital- May 8<sup>th</sup>

Lion Spa- May 15<sup>th</sup>

John H Johnson- May 16<sup>th</sup>

Thairapy Spa & Salon- June 7<sup>th</sup>



## Welcome our New Instructors!

Suzy Bennette, BSN-RN  
**Nursing Instructor**

Rachel Brown, RN  
**Nursing Instructor**

Andrea Morgan, BSN-RN  
**Nursing Instructor**

Catherine Tonseth, MSN, RN, CCRN  
**Nursing Instructor**

Candance Johnson  
**Barber Instructor**

## Summer Commencement

Central Oklahoma College graduates who graduated between April 1, 2023- July 31, 2023, are invited to participate in the Summer Commencement on Saturday, July 22, 2023.

**Deadline to order cap and gowns is June 29<sup>th</sup> \*All graduates need a cap and gown to participate in the ceremony\***

## May for Mental Health

**May is National Mental Health Month and at Central Oklahoma College one of our Core Values is Wellness. We believe that it's important to speak on and provide our students, staff, and faculty with information and support regarding Mental Health.**

Mental Health is essential for a person's overall well-being. Self-care plays a vital role in maintaining one's Mental Health. Take a moment to stop in the student hallway and read about how actively making time to care for yourself can bring more peace into your life one day at a time. You will find puzzle pieces that offer relaxing activities to help focus on yourself by doing something you enjoy!

If you are struggling with your Mental Health, we urge you to speak to someone- and our door is always open to students, staff and faculty. Here at Central Oklahoma College, we are family, and we are here to support you.



## Nurses & Teacher Appreciation Week

May brought us Nurse Appreciation week as well as Teacher appreciation week! Thank you to all our Nurses and Teachers for continuing to be an integral part of Central Oklahoma College. We appreciate your hard work and dedication to your field, thank you for all you do!



# June Employee of the Month- Kim Haskett

**-Kim Haskett- Director of Career Services**

"My name is Kim Haskett, I am the Director of Career Services. I was born in Oklahoma. I have three beautiful daughters who have blessed me with seven amazing grandkids. I worked in the dental field for over ten years before transitioning into Career Services. As Director of Career Services, I assist current students with Career Development including resumes, mock interviews, and job leads. I also work with local employers to schedule Career Days. My favorite part of my job is watching students gain the skills and confidence to be successful in their new career."

## Student Spotlight!



**Nora Edora and Nadine Eyewe**

Our June Students of the Month are Nova Edora, in Cosmetology and Nadine Eyewe, in Practical Nursing! Congratulations to both of you for earning the June Student of the Month Award and being recognized for your hard work and performance!

## Closings & Holidays!

School will be closed for Memorial Day on Friday, May 26th and Monday, May 29<sup>th</sup>. As well as Juneteenth on Monday, June 19<sup>th</sup>.

## Juneteenth

Juneteenth marks the true day of freedom for all enslaved people in the U.S. It is the day that Union troops arrived to announce that more than 250,000 still enslaved black people were free, by executive decree (The Emancipation Proclamation). The Emancipation Proclamation was signed into law in 1862 and went into effect on January 1, 1863. It was not fully enforced until the end of the Civil War, in April 1865. Between 1863 and 1865 The Emancipation Proclamation only freed the slaves in the Confederacy, not the slaves in the border states that remained loyal to the Union. After the Civil War, Union troops traveled across the county to declare "all persons as slaves are and henceforward shall be free." Troops arrived at their final destination, in Galveston Bay, Texas, on June 19, 1865, to free those still enslaved. Juneteenth became a federal holiday on June 17<sup>th</sup>, 202, when President Joe Biden signed the Juneteenth National Independence Day Act into law.

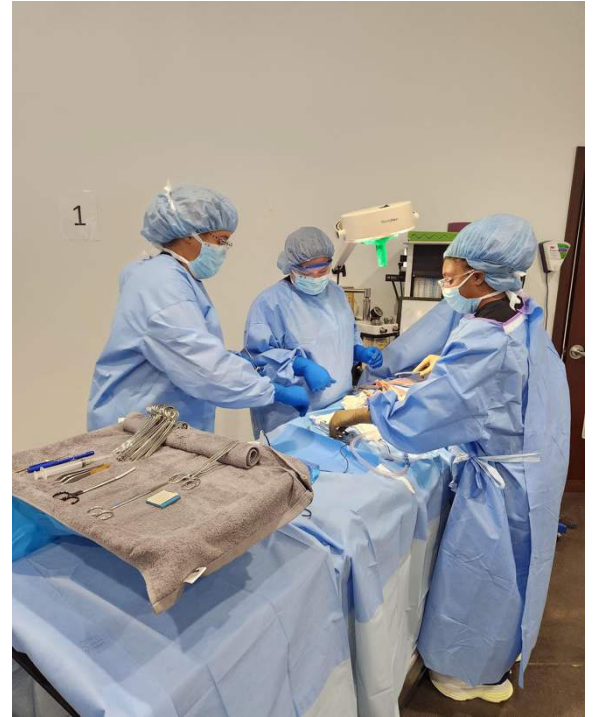
# Capping & Pinning

Our Practical Nursing Program had their Capping and Pinning Ceremony on May 6<sup>th</sup>. Congratulations to all the new nurses! Central Oklahoma College is proud of your hard work and dedication, and we are excited to see you all succeed in your field!



# Students in Action!

Surgical Technology Students during a mock surgery.



# Students in Action!

Massage Students off-site performing chair massages.



Practical Nursing Students learning wound care.



# Students in Action!

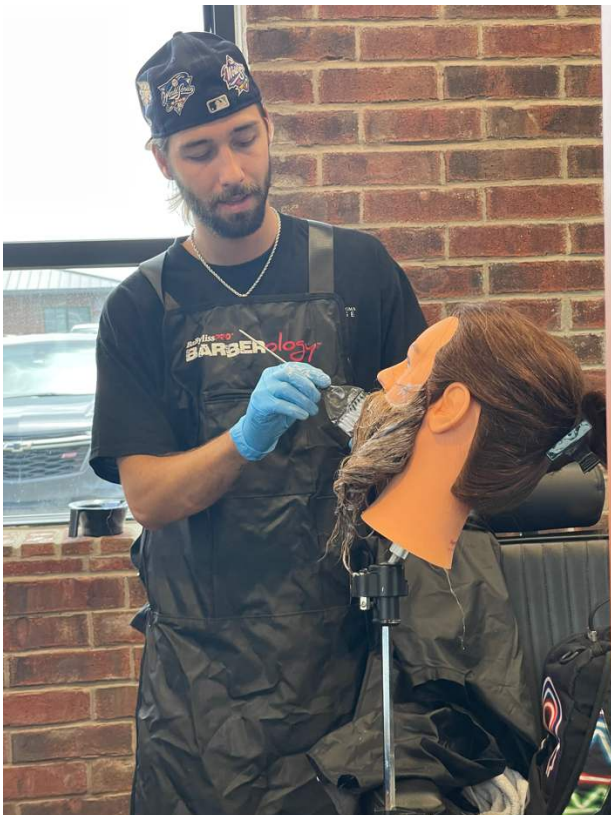
Estheticians practicing fantasy makeup.



Medical Assistant Students taking blood pressure.



Barber Students working on bleaching techniques.



Cosmetology Students learning clipper cuts.





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