



CENTRAL OKLAHOMA  
C O L L E G E



# CENTRAL OKLAHOMA COLLEGE

14820 Serenita Avenue  
Oklahoma City, OK 73134  
405.609.6622

[WWW.CENTRALOC.EDU](http://WWW.CENTRALOC.EDU)

## COURSE CATALOG

Catalog Effective – March 1, 2024

<b>TABLE OF CONTENTS</b>	<b>PAGE #</b>
<b>ABOUT US</b>	<b>4</b>
HISTORY	4
MISSION STATEMENT	4
APPROVALS AND LICENSES	4
FACILITIES AND EQUIPMENT	4-5
<b>ADMISSIONS</b>	<b>5-7</b>
ADMISSION REQUIREMENTS	5
ENROLLMENT PROCEDURES	6
TRANSFER OF CREDIT	6
NON-ACCREDITED COURSE/CLASSES	7
<b>FINANCIAL SERVICES</b>	<b>8-9</b>
TUITION AND FINANCIAL AID	8
MILITARY AND VETERANS	8
SCHOLARSHIP INFORMATION	8-9
<b>ACADEMIC INFORMATION</b>	<b>9-14</b>
GRADING SYSTEMS AND PROCEDURES	9
ACADEMIC STANDING AND SAP	10
GRADUATION REQUIREMENTS	13
EXAMINATION AND LICENSING REQUIREMENTS	13-14
<b>STUDENT POLICIES AND SERVICES</b>	<b>15-17</b>
ATTENDANCE	15
RE-ENTRY POLICY	15
STUDENT SUPPORT SERVICES	16
STUDENT RESOURCES	16
STUDENT RECORDS	16
CLASS SIZE	17
STUDENT COMPLAINT AND GREIVANCE POLICY	17
<b>PROGRAM OUTLINES AND DESCRIPTIONS</b>	<b>18-44</b>
BARBER	18-21
BASIC COSMETOLOGY	22-25
ESTHETICIAN	26-28
LASER	29-30
MASSAGE THERAPY	31-33
MASTER INSTRUCTOR	34-35
PRACTICAL NURSING	36-38
SURGICAL TECHNOLOGIST	39-41
<b>CONTINUING EDUCATION COURSE</b>	<b>42-44</b>
BARBER & COSMETOLOGY CROSSOVER	42
DERMAPLANING	43
CHEMICAL PEELS	43
HYDRAFACIAL	43
MASSAGE THERAPY	43-44
<b>REFUND POLICY</b>	<b>45-46</b>
INSTITUTIONAL REFIUND POLICY	45
RETURN OF TITLE IV REFUNDS POLICY	45-46
<b>COURSE INFORMATION</b>	<b>Catalog Addendum</b>
TUITION COURSE COSTS	1
COURSE SCHEDULES	1
CALENDAR	3

# ABOUT US

## HISTORY

Central State Beauty Academy began training in cosmetology related careers upon receiving licensure by the Oklahoma State Board of Cosmetology in 1975. The school was originally located in southwest Oklahoma City, relocating to 8494 NW Expressway in 1991 to provide additional space for its growing student population. In October 2014, the school's name was changed to Central State Beauty And Wellness College and licensure was obtained from the Oklahoma Board of Private Vocational Schools (OBPVS). Later the same year, in an effort to expand program offerings, the college submitted application for accreditation by the Accrediting Commission of Career Schools and Colleges (ACCSC). Central State Beauty and Wellness College fulfilled ACCSC's requirements for institutions seeking initial accreditation and was recognized as a 2014-2015 ACCSC School of Excellence.

The college's continued growth, combined with a mission to diversify program offerings, motivated the decision to custom design and build a new campus as well as change the schools name to Central Oklahoma College. In April 2017, Central Oklahoma College moved its entire facility to 14820 Serenita Ave, Oklahoma City, Oklahoma and currently offers educational training in Barber, Basic Cosmetology, Esthetician, Massage Therapy, Medical Assistant, and Surgical Technologist programs. In July of 2019, the school expanded their program offerings to include Practical Nursing. In 2021, Central Oklahoma College began to offer a Master Instructor program, as well as courses in Laser Technology.

## MISSION STATEMENT

Central Oklahoma College is committed to our core values of Education, Wellness, Community, Integrity and Innovation so that we may create a well-balanced institution that provides career focused education to our students leading to gainful employment.

## LEGAL CONTROL

Central State Beauty Academy, INC. is a corporation registered in the State of Oklahoma dba Central Oklahoma College.

### Corporate Officers

Carol A. Fisher, Chief Executive Officer

Michael A. Pugliese, President

## APPROVALS AND LICENSES

Central Oklahoma College is licensed by the Oklahoma Board of Private and Vocational Schools (OBPVS). Additionally, the College is licensed by the Oklahoma State Board of Cosmetology and Barbering to offer Barber, Basic Cosmetology, and Esthetician programs.

The College is approved for training by the Oklahoma Board of Nursing, the Oklahoma Department of Rehabilitative Services, the Bureau of Indian affairs, the Oklahoma Department of Veteran Affairs State Approving Agency and the Oklahoma State Board of Regents.

## ACCREDITATION

Central Oklahoma College is accredited by the Accrediting Commission of Career Schools and Colleges (ACCSC). ACCSC is a recognized accrediting agency by the U.S. Department of Education.

Central Oklahoma College's Surgical Technologist program is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon recommendation of the Accreditation Review Council on Surgical Technology and Surgical Assisting.

Commission on Accreditation of Allied Health Education Programs

25400 US Highway 19 North, Suite 158

Clearwater, FL 33763

727-210-2350

[www.caahep.org](http://www.caahep.org)

## YOUR RIGHT TO KNOW

For information about College disclosures, graduation rates, and other important information, please visit our website at: <http://www.centraloc.edu>.

## FACILITIES & EQUIPMENT

The Central Oklahoma College campus is two one-story free-standing buildings consisting of 25,000 square feet that was custom designed to provide a modern and safe educational environment. The facility includes administrative and faculty offices, a cosmetology clinic, esthetician clinic/lab, dispensary, massage clinic/lab, medical lab, surgical tech simulation lab, student break room, Learning

Resource Center (library) and classrooms. The large clinic areas are equipped with professional equipment consisting of salon styling stations, a shampoo bar, manicure and pedicure stations, a make-up bar, and 12 fully equipped spa rooms. All classrooms and labs are furnished with industry appropriate equipment and supplies applicable for each program area offered. A paved parking lot surrounds the college, is brightly lighted at night, and provides ample parking for students. For added security, the facility has access-controlled entry and exits with cameras inside and outside.

## **ADMISSIONS**

### **ADMISSIONS REQUIREMENTS**

Enrollment is open to all men and women past the age of compulsory education. The college considers the following in evaluating applications:

- High school transcript that lists the date of graduation, or a high school diploma that lists the date of graduation or \*recognized equivalents of a high school diploma,
- Determination of purpose and attitude conducive to success, and;
- A completed Online Readiness Assessment as determined by the college.

#### **\*Recognized equivalents of a high school diploma as listed in the Department of Education's Federal Student Aid (FSA) Handbook:**

- A GED Certificate (containing state seal and/or signature of state official);
- A certificate or other official completion documentation demonstrating that the student has passed a state-authorized examination (such as the Test Assessing Secondary Completion (TASC), the High School Equivalency Test (HiSet) or, in California, the California High School Proficiency Exam) that the state recognizes as the equivalent of a high school diploma. (Certificates of attendance and/or completion are not included in this qualifying category);
- An associate's degree;
- Successful completion of at least 60 semester or trimester credit hours or 72 quarter credit hours that does not result in the awarding of an associate's degree, but is acceptable for full credit towards a bachelor's degree at any institution; or
- Enrollment in a bachelor's degree program where at least 60 semester or trimester credit hours or 72 quarter credit hours have been successfully completed, including credit hours transferred into the bachelor's program.

#### **Foreign High School Diploma or Transcript**

Central Oklahoma College will accept a high school diploma or transcript from a foreign school if it is equivalent to a U.S. High School Diploma. In all cases, the original secondary education document must be translated into English and certified as the equivalent of high school completion in the United States by a College accepted evaluating service.

#### **Ability to Benefit**

Central Oklahoma College does not accept students on an Ability-To-Benefit basis.

### **ADDITIONAL REQUIREMENTS**

#### **Laser Program Admissions Requirements**

In addition to the above admissions requirements prospective students must meet one of the following requirements:

1. Be a licensed medical professional (e.g., LPN, RN, MD, DO, etc.), or
2. Be a licensed Esthetician or Cosmetologist, or
3. Provide documentation of employment from a doctor in a Medical Spa Setting.

#### **Practical Nursing Program Admissions Requirements**

In addition to the above admissions requirements, prospective students in the Practical Nursing program will be required to complete the following:

1. Must successfully pass the designated admissions entrance assessment as determined by the College.
2. Must complete a practical nursing entrance interview.

#### **Practical Nursing Program Clinical Requirements**

1. Provide proof of immunization record as required by clinical sites.
2. Must successfully pass a national criminal background check prior to clinical rotation.
3. Must submit and successfully pass drug testing prior to clinical rotation.
4. Obtain CPR certification prior to clinical rotation.

### **Surgical Technologist Program Admissions Requirements**

In addition to the above admissions requirements, prospective students in the Surgical Technologist program will be required to complete the following:

1. Must successfully pass the designated admissions entrance assessment as determined by the College.
2. Must attend a Surgical Technologist Information Session.

### **Surgical Technologist Program Clinical Requirements**

1. Provide proof of immunization record as required by clinical sites.
2. Must successfully pass a national criminal background check prior to clinical rotation.
3. Must submit and successfully pass drug testing prior to clinical rotation.
4. Obtain CPR certification.

### **DISTANCE EDUCATION TECHNOLOGY REQUIREMENTS**

Some classes may be offered online. These classes will require the following technology:

1. Reliable access to high speed internet.
2. Access to an internet enabled device (i.e. smartphone, chrome book, personal computer, laptop), that has full video and audio capabilities. Additionally, this device needs to be upgraded to the most current fully supported operating system available.
  - a. Students enrolling in the Practical Nursing and the Surgical Technologist programs will be provided with a compatible internet enabled device as part of their books and supplies.
  - b. Students enrolling in all other programs must have access to their own internet enabled device as listed above.

### **ENROLLMENT PROCEDURES**

Each applicant for admission will be accepted after completing the following:

1. Tour of the facility and interview with an admissions representative.
2. Complete an application for admission.
3. Meet admission requirements as outlined above.

Registration fee is charged upon acceptance, and due no later than the student's official start date, unless other arrangements are made.

Each candidate for admission is considered without regard to race, color, religion, sex, national origin, sexual orientation, gender identity, age, or disability. Central Oklahoma College complies with the provision of Title IV of the Civil Rights Acts of 1964 and 1974 and the Rehabilitation Act of 1973.

### **Fee Waiver**

Central Oklahoma College will exempt applicants from the registration fee based off recommendation of a church or other agency that is sponsoring individuals for self-improvement and there is no evidence of funds being available for this fee.

### **Barber, Basic Cosmetology, and Esthetician program Student Registration**

Upon enrollment, each student is required to register with the Oklahoma State Board of Cosmetology and Barbering. Central Oklahoma College provides the registration form for students to complete, payment of the \$5.00 fee, and submits to the board.

### **Prior Criminal Convictions**

All Applicants sign a Public Health and Safety Act requirement form making them aware that; if as a result of a criminal background check a person is found to be convicted of listed offenses, placement may be difficult as well as become an obstacle for state licensure. Those who indicate on their application form that they have current charges and/or prior criminal felony convictions should have their situation discussed and applications reviewed by the Director of Admissions, and Campus Director.

### **TRANSFER OF CREDIT**

Students entering Central Oklahoma College with credit earned in an accredited college or school approved by the Oklahoma State Board of Cosmetology & Barbering may be given advanced standing. Accepted credits will not be considered in computing grade point averages but will be applied toward program completion requirements. Each transfer of credit request will be evaluated on an individual basis by the Campus Director/Director of Education, to determine which courses are approved for transfer.

Prior to enrollment, a student seeking transfer credit must provide the College with an official transcript. Grades equivalent to B or better are required. Courses marked with "S" or "P" will not be accepted. Credits received for internship/externship, clinical, remedial or audited, continuing education, or correspondence courses will not transfer.

Students seeking transfer credit from an approved Oklahoma State Board of Cosmetology & Barbering school that does not issue transcripts may be required to undergo a written and/or practical assessment in order to determine program placement and verify they

possesses the knowledge and skill provided by the course for which credit is sought. The College will verify hours submitted to State Board by the previous school(s) prior to giving credit. As of September 1, 2016, State Board will not allow a student to transfer hours from school to school if “tuition is not paid in full according to contractual agreement.” The students’ hours will be released upon completion of a School Affidavit indication tuition is paid in full. In all instances, students must meet financial obligations to previous school even if choosing to waive hours accumulated at previous school.

Students entering with transfer credits in the Massage Therapy program are not eligible to receive the Graduate Table Package as part of tuition and must be purchased separately.

Although Central Oklahoma College accepts credits from other institutions, this does not guarantee the transferability of credits earned while attending this College to another school. Students considering continuing their education should contact the receiving institution to determine which credits, if any, will be accepted. In all instances, transfer credits cannot exceed 75% of the total credits required for graduation. The accepted transfer credits will be made part of the student's permanent academic record.

#### **Prior Credit Policy for Veterans**

Students utilizing VA education benefits must provide all transcripts and records of previous education and training. Central Oklahoma College will evaluate these records and, when possible, grant appropriate credit for the previous education and/or training, shorten the length of the training program, and notify the student regarding the amount of credit being granted for previous training.

#### **NON-ACCREDITED COURSE/CLASSES**

Central Oklahoma College offers a Master Instructor program, a Barber Crossover program, a Cosmetology Crossover program, a Laser Technology program, a Laser Hair Reduction program, a Laser Resurfacing and Radio Frequency program, and an Intense Pulsed Light program, as well as occasional short courses/classes (continuing education subjects including: Dermaplaning, Massage, etc.) that do not fall within our institutional scope of accreditation by the Accrediting Commission of Career Schools and Colleges (ACCSC). All continuing education courses are licensed by the Oklahoma Board of Private Vocational Schools (OBPVS). Continuing education courses are not eligible for Title IV funds or other financial aid. Satisfactory payment arrangements for tuition and fees must be made prior to starting the program.



# FINANCIAL SERVICES

## TUITION AND FINANCIAL AID

Payment for tuition and fees may be made with check, credit card, grants, loans or a combination thereof. All tuition and fees must be paid by the contracted completion date or satisfactory arrangements made with the Business Office.

Central Oklahoma College courses under 600 clock hours are not eligible for Title IV funds or other financial aid. Satisfactory payment arrangements for tuition and fees must be made prior to starting the program.

Students seeking financial assistance during the admission process will be required to see a Financial Services Officer. Students who are enrolled at least half time, show financial need, and continue to make satisfactory progress may be eligible for:

### Federal Pell Grants

A Federal Pell Grant is an award to help undergraduate students pay for their education after high college.

### Federal Stafford Direct Loans

Central Oklahoma College offers Stafford Direct Loans to eligible students. Stafford Direct Loans are available through the William D. Ford Federal Direct Loan Program. These programs offer subsidized, unsubsidized, and PLUS (for parents of dependent students) loans. For further information on these programs, contact the Financial Services Office for a copy of "The Student Guide, Financial Aid" from the U.S. Department of Education.

### Military & Veterans

Under provisions of appropriate Federal regulations, active Military and Veterans may be entitled to Veteran's Administration Benefits while attending Central Oklahoma College. Enrollment of a veteran is not complete until the veteran or dependent of a veteran obtains the approval by the Veterans Administration of the course work, he/she plans to pursue. VA Educational Benefits will be certified by course start and end dates (not term dates). Please see course schedule for details.

The fees for books and supplies are included in tuition. Tuition for transfer or reentry students will be prorated based on current tuition price.

In accordance with the Veterans Benefits and Transition Act of 2018, section 3679(e) of title 38 (Public Law 115-407), regarding student veteran status while awaiting the Department of Veterans Affairs (VA) tuition and fee payments, Central Oklahoma College will not:

- Deny a student access to classrooms, libraries, or services offered by the college;
- Charge the student a late fee or penalty;
- Require the student to secure alternative funding for the delayed disbursements;
- Prevent the student from scheduling or attending the courses in their program.

Those affected are VA beneficiaries using Chapter 31, Chapter 33, or Chapter 35.

For additional information regarding the Veterans Benefits and Transition Act of 2018, section 3679(e) of title 38 (Public Law 115-407): <https://odva.ok.gov/state-approving-agency/> <https://odva.ok.gov/state-approving-agency/public-law-115-407/>

## SCHOLARSHIP INFORMATION

### The Harold L. Fisher Memorial Scholarship

This scholarship has been established for the purpose of assisting students in continuing their education beyond high school and is designated for graduating high college seniors in the state of Oklahoma for enrollment at Central Oklahoma College.

### High School Graduate Scholarship

This scholarship has been established for the purpose of assisting students in continuing their education beyond high school and is designated for graduating high school seniors for enrollment at Central Oklahoma College.

### GED Scholarship

This scholarship has been established for the purpose of assisting students in continuing their education at Central Oklahoma College after successfully obtaining their GED.

### Central Oklahoma College Graduate Scholarship

This scholarship has been established for the purpose of assisting Central Oklahoma College graduates returning to continue education at the college.



### **Folds of Honor Scholarship**

The Folds of Honor Scholarship is available to all recipients of the Folds of Honor Higher Education Scholarship as awarded by the Foundation to spouses and dependents of service members who meet eligibility requirements.

### **R.I.S.E. Scholarship**

The R.I.S.E. Scholarship Program is for the betterment of women and is intended to help previously incarcerated Oklahoma Women who plan on attending Central Oklahoma College in an effort to receive Cosmetology / Esthetics education, licensure, life skills, and job placement; helping give them vocational tools to live successfully as they re-enter the community after release from prison.

### **Closed School Scholarship**

This scholarship has been established to assist students who were attending a licensed school that closed prior to them completing their education.

### **Oklahoma Successful Adulthood Scholarship**

This scholarship has been established in conjunction with the Oklahoma Successful Adulthood program for the purpose of assisting students that “aged out” of foster care to continue their education.

Contact admissions for information on other scholarships offered. Scholarship applications, eligibility requirements and rules can be accessed on-line at [www.centraloc.edu](http://www.centraloc.edu) or in the college admissions office.

## **ACADEMIC INFORMATION**

### **GRADING SYSTEM AND PROCEDURES**

Grade point values used for grading all course work are as follows:

GPA Numerical Equivalent:			GPA Numerical Equivalent for the Practical Nursing and Surgical Technologist AOS Programs:		
4.0	90% - 100%	A	4.0	92% - 100%	A
3.0	80% - 89%	B	3.0	83% - 91%	B
2.0	70% - 79%	C	2.0	75% - 82%	C
0.0	69% and below is failing		0.0	74% and below is failing	

Incomplete (I), Administrative Withdraw (AW) and Withdraw (W) are not averaged in GPA.

### **Make-Up Procedures**

Students are expected to attend all classes as outlined in the catalog and enrollment agreement. It is the student’s responsibility to make-up all work missed due to absence or tardiness. Arrangements for make-up work must be made the first day the student returns following an absence. All make-up work is due within one week of the absence unless specific arrangements are made between the student, the instructor and/or Student Services. Failure to complete make-up work, or to make acceptable arrangements within the one-week time frame, will result in a zero (0) for the assignment. Arrangements for make-up work completion may not exceed past the student’s current program Term. Failure to complete make-up work may affect the students’ academic standing and result in probation and/or termination. Exams, lab assignments, homework, state board review and projects are all considered make up work if missed during a regularly scheduled class. Incomplete grades are given when extenuating circumstances prohibit students from completing course work by the course’s end date. All work for the incomplete must be completed by the end of the following term or a failing grade will be recorded and the student will be required to retake this course. If a student withdraws for any reason with an Incomplete, a failing grade will be recorded.

### **Course Retake Policy**

A student who fails a course will be placed on probation and must schedule to retake the course in the next available Term. The course may be required to be successfully completed before the Externship, if applicable. Student may be assessed additional charges for retake courses. The amount charged will be based on the following formula: Total course tuition / quarter credit hours in program = quarter credit hour cost. This amount will be multiplied by the required quarter credit hours in the course(s) needed for completion. Under any circumstances, a student may not exceed 150% of program length. If the student fails the course a second time, the student may be dismissed from the program. The student may apply for re-entry according to the school’s Re-entry Policy.

Students are notified via student advisement as to what the effect course withdrawals, course incompleteness and course failures may have on their projected graduation date. If there is a change of graduation date, the student will sign a Change of Status form acknowledging the change and be given a copy for their records.

## DEFINITION OF A CREDIT HOUR

Courses are listed at Central Oklahoma College by Quarter Credit Hours. For all programs 1 Quarter Credit Hour (QCH) =30 units. Units are computed from the following: 1 Clock Hour Didactic=2 units; 1 Clock Hour Supervised Lab=1.5 units; 1 Clock Hour Externship=1 unit; 1 Clock Hour Outside Work=0.5 units. A clock hour is defined as a unit of 50 minutes of supervised instruction within a 60-minute period.

## Outside Work

Students should expect additional time required outside of classroom instruction to complete course and program objectives. Outside work may include reading assignments, writing assignments, practice and practical application assignments, exam preparation, portfolio development, special projects, research assignments, or other equivalent learning experiences that are assessed and graded.

## ACADEMIC STANDING AND SATISFACTORY ACADEMIC PROGRESS (SAP) POLICIES

### Academic Standing Policy

To assess quality of academic work, our college uses a percentage grading system with 100% as a perfect score. Students must meet the minimum academic standing requirement for all grading periods by maintaining an average of 2.0 (70%) for all programs. Grading periods are defined by program Term. Student Progress Reports will be completed at the end of each Term, as defined below:

	Progress Report Evaluation Periods				
	Term 1	Term 2	Term 3	Term 4	Term 5
Program	Week #	Week #	Week #	Week #	Week #
Barber - Day	10	20	30	40	-
Barber - Evening	15	30	45	60	-
Basic Cosmetology-Day	10	20	30	40	-
Basic Cosmetology-Evening	15	30	45	60	-
Esthetician-Day	10	20	-	-	-
Esthetician-Evening	10	20	30	-	-
Massage Therapy-Day	10	20	-	-	-
Massage Therapy- Evening	10	20	30	40	-
Master Instructor	10	20	-	-	-
Surgical Technologist (AOS)	10	20	30	40	50
Practical Nursing	10	20	30	40	-

**For any program 10 weeks in length or less, no progress reports will be completed, however students will have access to all final course grades through the student management software.**

At any point during the grading period that a student fails a course and/or doesn't meet the minimum academic requirement, he/she will be placed on an Academic Warning. The student will have until the end of the grading period to improve to acceptable academic requirement levels or will be placed on Academic Probation for the next grading period. If the student does not achieve the minimum academic standing requirements at the end of this probationary period, the student's enrollment may be terminated, unless otherwise specified by the Campus Director. Students dismissed from the College for failing to meet the minimum academic standing requirements will be considered for re-entry on an individual basis and with final approval of the Campus Director.

### Academic Plan

Students may be placed on an Academic Plan designed to ensure they will be able to meet minimum academic requirements by a specific point in time. This plan will be student-specific and will be monitored at the end of each grading period. If at any time it is determined that the student is no longer following the academic plan, he/she may be terminated from the College.

### Satisfactory Academic Policy (SAP)

Federal Financial Aid regulations require that Central Oklahoma College establishes, publishes, and applies reasonable standards for measuring students' satisfactory academic progress in their educational programs. Included in these standards are a qualitative measure, a quantitative measure and a maximum timeframe requirement. *The qualitative and quantitative standards* used to monitor academic

progress must be cumulative and must include all periods of the student's enrollment including periods for which the student did not receive financial aid. This policy applies to students receiving Title IV Aid.

Central Oklahoma College assesses the following *qualitative and quantitative* information for all students at the end of each term. Terms vary by program.

1. Minimum Grade Point Average (GPA)
2. Overall Credit Completion Rate (PACE)
3. Maximum Time Frame Requirement

**The Qualitative Measures of SAP Minimum Grade Point Average (GPA)**

In order to meet the SAP standards for financial aid, students must maintain a 2.0 (70%) cumulative GPA for all programs except Surgical Technologist which requires a 2.5 (75%). Cumulative GPA is evaluated at the end of each term. Transfer credits accepted by Central Oklahoma College will not be included in cumulative GPA.

**Grading Scale:**

GPA Numerical Equivalent:			GPA Numerical Equivalent for the Practical Nursing and Surgical Technologist AOS Programs:		
4.0	90% - 100%	A	4.0	92% - 100%	A
3.0	80% - 89%	B	3.0	83% - 91%	B
2.0	70% - 80%	C	2.0	75% - 82%	C
0.0	70% and below is failing		0.0	74% and below is failing	

Incomplete (I), Administrative Withdraw (AW) and Withdraw (W) are not averaged in GPA.

**Overall Credit Competition Rate (PACE)**

To remain in good standing on PACE, students must successfully complete at least 66.67% of their overall credits taken in each payment period/term. This is the minimum rate needed to complete a program within the 150% maximum eligibility timeframe established by federal regulations. The complete rate will be evaluated at the end of each term. Transfer credits accepted by Central Oklahoma College will be included in PACE.

How to calculate your overall Pace

Formula:	Overall Completed Credits/Overall Attempted Credits = PACE
Example of Good Standing:	12/15 = 80%
Example of Failing:	9/15 = 60%

**Completed Credits-** Successfully completed credits include courses with an earned grade letter of C or better.

**Attempted Credits-** All courses count as attempted, included courses with a grade letter less than C.

**Maximum Time Frame Requirement**

Federal regulations allow students to complete a program within 150% of the required credits to complete the program.

*The Maximum Time Frame applies whether or not the student received federal aid.* Maximum time frame will be evaluated at the end of each term. All attempted credits are counted in the maximum time frame evaluation; this includes all transfer credit accepted by Central Oklahoma College. As published in Central Oklahoma College's catalog students can complete each program as follows:

- **Barber and Basic Cosmetology** by completing 75 quarter credit hours; eligibility ends at 112.50 attempted quarter credits. (75 quarter credits x 150% = 112.50 quarter credits)
- **Esthetician** by completing 30 quarter credit hours; eligibility ends at 45 attempted quarter credits. (30 quarter credits x 150% = 45 quarter credit hours)
- **Intense Pulse Light** by completing 2.0 quarter credit hours; **this program is not eligible for federal financial aid.** 150% is equal to 3.0 attempted quarter credit hours. (2.0 quarter credit hours x 150% = 3.0 quarter credit hours)
- **Laser Hair Reduction** by completing 1.5 quarter credit hours; **this program is not eligible for federal financial aid.** 150% is equal to 2.25 attempted quarter credit hours. (1.5 quarter credit hours x 150% = 2.25 quarter credits)
- **Laser Technology** by completing 4.5 quarter credit hours; **this program is not eligible for federal financial aid.** 150% is equal to 6.75 attempted quarter credit hours. (4.5 quarter credit hours x 150%= 6.75quarter credit hours)
- **Laser Resurfacing and Radio Frequency** by completing 2.0 quarter credit hours; **this program is not eligible for federal financial aid.** 150% is equal to 3.0 attempted quarter credit hours. (2.0 quarter credit hours x 150% = 3.0 quarter credit hours)

- **Massage Therapy** by completing 44 quarter credit hours; eligibility ends at 66 attempted quarter credits. (44 quarter credits x 150% = 66 quarter credit hours)
- **Master Instructor** by completing 27.5 quarter credit hours; **this program is not eligible for federal financial aid.** 150% is equal to 41.25 attempted quarter credit hours.
- **Practical Nursing** by completing 92.5 quarter credits; eligibility ends at 138.75 attempted quarter credits. (92.5 quarter credits x 150% = 138.75 quarter credit hours)
- **Surgical Technologist** by completing 90.5 quarter credits; eligibility ends at 135.75 attempted quarter credits. (90.5 quarter credits x 150% = 135.75 quarter credit hours)

Once a student has attempted the maximum credit hours for **any** program at Central Oklahoma College (including accepted transfer hours), the student may be administratively withdrawn and is no longer eligible to receive financial aid with Central Oklahoma College. This rule is not subject to appeal.

Students will be Central Oklahoma College accepted with transfer credits from other schools if approved by the Program Director and Campus Director. The course length may be shortened accordingly. The credits for previous training will be made a part of the student's permanent record.

### **Eligibility Status**

SAP will be evaluated at the end of each term to ensure the student is maintaining all requirements.

Satisfactory Status: Satisfactory status is achieved when all the criteria explained above are met.

Financial Aid Warning Status: Students (not already on FA Warning, Suspension, or Probation) who have not met ALL SAP requirements (GPA, PACE, and Maximum Timeframe) FA Warning for the following term. Students on FA Warning status may continue to receive Title IV aid for one term, but must make improvements in their academic progress to avoid losing eligibility in the future. Students placed on Warning status and who fail to meet the SAP requirements to be placed on satisfactory status by the end of the following term will be placed on FA Suspension. FA Warning status cannot be appealed. All students on a FA Warning status should complete an academic plan with the Director of Education or their designee. Students will be informed in writing they have failed SAP and are being placed on FA Warning.

Financial Aid Suspension Status: Students on a FA Warning status, who have not met the SAP requirements for the second consecutive term, will be placed on a FA Suspension status. They will not be eligible to receive any financial aid for the remainder of the program unless they chose to appeal the suspension and it is approved.

Financial Aid Probation Status: If an appeal is approved, the student is placed on a FA Probation status for one term unless a longer period is approved by professional judgment. A student must agree to follow an academic plan which demonstrates they will be able to meet SAP requirement by the end to the FA probation period. If a student fails to meet the academic plan, the appeal is terminated and the student will be placed on a Financial Aid Terminated status and may be administratively withdrawn from the program. If, at the end of the probationary period, the student is still not meeting SAP requirements, the student may appeal a second time, including an Academic Improvement Plan for completion of the program within the Maximum Time Frame. Students may not appeal twice for the same reason.

Financial Aid Terminated: A student who was approved for an appeal but did not meet the terms of his/her FA Probation will have his/her financial aid terminated and may be administratively withdrawn from the program.

### **Appeal Procedures for SAP**

If you are on FA Suspension you may submit an appeal. **Approval is not guaranteed** and the student is responsible for any debts incurred while on FA Suspension. All decisions on appeals are final. Financial aid will be reinstated for the term in which the appeal was approved but not for any previous terms attended while on FA Suspension.

1. Students must submit a written petition to appeal a FA Suspension if they believe their failure to make SAP was due to special circumstances. The petition must be received within 10 calendar days of notification. Petitions must be legible and should include:
  - a. **Explain why the student failed to meet the SAP requirements**: Students must list the special circumstances that impacted their ability to be academically successful. Documentation of the special circumstances must be provided.
  - b. **Explain what has changed**: Students must include a self-evaluation explain what steps have been taken to ensure the students' academic success in the future.

### **How to Re-establish Eligibility**

Students may re-establish eligibility without appealing the FA suspension by:

1. Continuing enrollment at student's own expense for time-frame needed to meet SAP requirements.

2. Withdrawing from Central Oklahoma College and applying for re-entry at their own expense for the time frame needed to meet SAP requirements.

A SAP evaluation is completed at end each term to determine if the student is able to meet SAP requirements and re-establish eligibility for financial aid funding.

## GRADUATION REQUIREMENTS

To graduate and receive certificates/degree, the following requirements must be completed:

1. Satisfactory and timely completion of all required coursework;
2. Grade point average of 2.0 or above for all programs.
3. All financial requirements completed or satisfactory payment arrangements have been made.

### Certificates / Transcripts

Certificates/degrees are issued to all students upon successful completion of all coursework at Central Oklahoma College. Official transcripts will be issued only when all financial obligations to the College have been completed or satisfactory arrangements have been made. Copies of official and unofficial transcripts can be obtained by completing a Transcript Request Form and submitting appropriate fees.

## EXAMINATION AND LICENSING REQUIREMENTS

### Barber, Cosmetology, and Esthetician

Upon successful program completion, provided tuition is paid in full according to the contractual agreement, graduates are eligible to submit an application for examination for licensing by the Oklahoma State Board of Cosmetology and Barbering. State Board may issue a temporary permit for the graduate to work under the direct supervision of a licensed operator until the next regularly scheduled examination date. After successfully completing the written and practical exams, a license will be issued.

This is in accordance with the Oklahoma State Board of Cosmetology and Barbering, Rules & Regulations and Licensing procedures as previously set forth in Admission Requirements.

Passing grades for the written and practical State Board Examinations:		Exam and Annual fees charged by State Board:	
Barber License	75%	Examination Registration	\$35.00
Cosmetology License	75%	Barber License	\$25.00
Esthetician License	75%	Cosmetology License	\$25.00
		Esthetician License	\$25.00

Central Oklahoma College reimburses graduates for their initial licensure exam as offered through the Oklahoma State Board of Cosmetology and Barbering. Graduates will only be reimbursed for the registration fee on their first attempt of the written and practical examination. If one or both portions of the exam is failed, it is the graduates' responsibility to pay for re-exam fees.

### Massage Therapy

As of August 25, 2016, the Oklahoma State Board of Cosmetology and Barbering was authorized to adopt and promulgate rules pursuant to the Administrative Procedures Act necessary to enforce implementation of the Massage Therapy Practice Act, including, but not limited to, qualifications for licensure, renewal, reinstatements, and continuing education requirements.

Between the effective date of the act and May 1, 2017, the State Board of Cosmetology and Barbering shall issue a license to practice massage for those who fall under the "grandfather" rule. After May 1, 2017, individuals practicing massage therapy in the state of Oklahoma will first be required to obtain licensure from the board.

In addition to the College's stated Admissions Requirements, board licensure applicants must show evidence that they are (1) at least 18 years old, (2) passed a board approved national exam, (3) provide documentation and proof of liability insurance for practice as a massage therapist, and (4) successfully pass a background check as approved by the board. Upon successful completion of the Massage Therapy program, graduates will be eligible to sit for the Massage & Bodywork Licensing Examination (MBLEX) as offered through the Federation of State Massage Therapy Boards (FSMTB). This exam is the approved national exam for the State Board of Cosmetology and Barbering. The first attempt MBLEX fee is included in tuition costs.

Annual fees charged by State Board (Effective May 1, 2017)

- Massage License \$50.00

## **Surgical Technologist**

Upon successful completion of the Surgical Technologist program, graduates will be eligible to sit for the Certified Surgical Technologist (CST) Examination through the National Board of Surgical Technology and Surgical Assisting (NBSTSA). The first attempt of CST Exam is included in tuition costs.

## **Practical Nursing**

The Practical Nursing Program is an Associate Degree in Occupational Studies and is approved by the Oklahoma Board of Nursing. Graduates of this state-approved program are eligible to apply to write the National Council Licensure Examination (NCLEX) for practical nurses. Applicants for Oklahoma licensure must meet all state and federal requirements to hold an Oklahoma license to practice nursing. In addition to completing a state-approved nursing education program that meets educational requirements and successfully passing the licensure examination, requirements include submission of an application for licensure, a criminal history records search, and evidence of citizenship or qualified alien status [59 O.S. §§567.5 & 567.6]. To be granted a license, an applicant must have the legal right to be in the United States (United States Code Chapter 8, Section 1621). In addition, Oklahoma law only allows a license to be issued to U.S. citizens, U.S. nationals, and legal permanent resident aliens. Other qualified aliens may be issued a temporary license that is valid until the expiration of their visa status, or if there is no expiration date, for one year. Applicants who are qualified aliens must present to the Board office, in person, valid documentary evidence of:

1. A valid, unexpired immigrant or nonimmigrant visa status for admission into the United States;
2. A pending or approved application for asylum in the United States;
3. Admission into the United States in refugee status;
4. A pending or approved application for temporary protected status in the United States;
5. Approved deferred action status; or
6. A pending application for adjustment of status to legal permanent resident status or conditional resident status.

The Board has the authority to deny a license, recognition or certificate; issue a license, recognition or certificate with conditions and/or an administrative penalty; or to issue and otherwise discipline a license, recognition or certificate to an individual with a history of criminal background, disciplinary action on any professional or occupational license or certification, or judicial declaration of mental incompetence [59 O.S. §567.8]. These cases are considered on an individual basis at the time application for licensure is made, with the exception of felony convictions. An individual with a felony conviction cannot apply for licensure for at least five years after completion of all sentencing terms, including probation and suspended sentences, unless a presidential or gubernatorial pardon is received [59 O.S. §§567.5 & 567.6].”

# STUDENT POLICIES AND SERVICES

## ATTENDANCE

Regular attendance is required. Employers examine this aspect of a student's record and performance more than any other portion of their academic accomplishment. In any given grading period, a student should maintain a minimum of 80% attendance. Grading periods are defined by program Term. Student Progress Reports will be completed at the end of each program Term, as defined by the Academic Standing Policy.

If absences exceed 20% in any given grading period, the student will be placed on probation for the next grading period. If the student does not maintain a minimum of 80% attendance at any point of the probation period the student's enrollment may be terminated, unless otherwise specified by the Campus Director. If a student's enrollment is terminated, he/she may make application to be readmitted. Readmission to the college must be made with the recommendation of the Campus Director and Program Director, and for only clear reasons of merit.

Students who exhibit problems with tardiness may be advised by the instructor, program coordinator or students services office, and may be placed on attendance warning or probation.

## DISTANCE EDUCATION ATTENDANCE REQUIREMENTS

Some classes may be offered online. For all online classes, attendance will be taken daily based on direct visible contact, and participation during the videoconferencing class session or through the online learning platform.

### Absences

A permanent attendance record is maintained on each student. Excessive absences will affect a student's ability to successfully fulfill the requirements for graduation.

### Leave of Absence

Circumstances may arise which necessitate a student taking a leave from the college for an extended period of time. Students may not be eligible if they have not been in school at least 30 days and/or are not making satisfactory academic progress. A leave of absence must be requested by the student in writing with Student Services and approved by the Campus Director. Acceptable circumstances for a leave of absence include but are not limited to: medical, financial, military service requirements, jury duty, or for personal reasons. In all instances, a leave of absence may not exceed 180 days. A student may take more than one leave of absence, as long as the combined total days on leave of absence do not exceed 180 days. Students will sign a change of status form upon returning from leave of absence which will notify them of their revised graduation date, at that time the student will also receive a new schedule. If a leave of absence occurred before a term is complete, causing the student to be withdrawn from courses, the student will have to retake those courses and may have breaks in their schedule due to the rotating course schedule. Failure to return from a leave of absence as scheduled will result in termination of enrollment.

### Leave of Absence Due to Military Obligations

When a service member of the Armed Forces is called to active duty and/or mandatory training, the student may request an LOA for up to 180 days. Student(s) must provide proof of active duty and/or training orders and complete appropriate school paperwork. The student will not be penalized academically or financially during this LOA period. If the student cannot return on the scheduled return from LOA date, he/she must contact the College to determine if he/she is eligible for an extension of the original leave. If the student doesn't contact the College, or is not eligible for an extension of Leave of Absence, he/she will be withdrawn from the program and a refund calculation completed using the *Withdrawal After Commencement of Classes*, as stated on page 36.

### Withdrawal for Excessive Absences

If a student fails to attend class, without notification, within a consecutive 14 calendar day period, he/she will be considered a withdrawal and terminated from the program.

## RE-ENTRY POLICY

Students who have withdrawn or been dismissed from college may re-apply for admission by doing the following:

1. Wait 30 days from the last date of attendance;
2. Request for re-admission in writing to the College Director;
3. Interview with Admissions;
4. Upon approval, the student will be advised at what point of the program he/she may enter.

The College's Administration Office will make the final decision to re-admit a student for enrollment. A re-registration fee of \$25.00 is required if a student is accepted for re-enrollment.



## **STUDENT SUPPORT SERVICES**

### **Student Resources**

Central Oklahoma College is committed to providing a quality education, variety of support services and external resources to students. Support services include advising, referrals to outside agencies & medical care, housing assistance, child care and other social services. All faculty and staff are here to assist students with their needs and will guide them to the Director of Student Services for further assistance. All students are provided a copy of the Student Services Policy and Procedures Handbook during orientation and updated resources can be found in the Student Services office.

### **Career Services**

Although, Central Oklahoma College cannot guarantee employment to graduates, we do provide employment advisement services. Career Services works directly with industry to develop and maintain business relationships that result in our graduates becoming employed. Employers visit the college on a regular basis to discuss employment opportunities. Additionally, we provide classes on resume writing and interview techniques, as well as professional appearance and dress. The employment advisement service and job file is available to any graduate of the college at any time in their career.

These services are designed to help our students in reaching their goals of successful completion of their program, and placement in their chosen career field.

### **Disabilities**

Central Oklahoma College will provide reasonable accommodations for students with disabilities, including learning disabilities, physical impairments and other disabling conditions. Such accommodations may include, but are not limited to, tutoring, and examination schedule and/or delivery modification. The entire Students with Disabilities Policy, which includes how to request reasonable accommodations, can be obtained from the Student Services Office.

### **Emergency Preparedness**

Central Oklahoma College's emergency preparedness plan can be found at <https://centraloc.edu/emergency-action-response-guide/> Additionally, the emergency preparedness plan is covered with all students during orientation.

## **STUDENT RECORDS**

### **Family Education Rights and Privacy Act (FERPA)**

Federal law requires that Central Oklahoma College generally disclose student information only to the student or to persons the student has authorized to receive the information or as ordered by a judicial officer.

The College guarantees the rights of students, and guardians if the student is a dependent minor, to access their cumulative records while in the presence of a staff person.

The College requires written consent from the student or guardian to release records in response to each third party request unless otherwise required by law.

Students may opt out of having any identifying information published, such as name, phone number, age, area of study, dates of attendance and date of graduation.

Student records are the property of the college and may not be removed from college premises. Copies may be furnished to the student or guardian only upon written request at \$1.00 per page. Copies of student records will be furnished to third parties only when the student or guardian has requested and specified to whom records are to be sent in writing. Requests must be signed and dated. The College reserves the right to provide and permit access to students' and other college records as required for any process initiated by institution or by the institutions Accrediting body, or in response from the U.S. Department of Education, or any other local, state or federal government agency.

## **STUDENT CONDUCT POLICY**

Students must maintain and utilize accepted professional industry standards and ethics at all times while attending Central Oklahoma College.

Students failing to adhere to the policies, rules and regulations or disrupt the learning process for others may be subject to disciplinary action, which may include suspension or termination.

Any breach of conduct will require consultation and possible disciplinary reports with a staff member and will become part of the student's permanent record. After consultation for misconduct a student is subject to suspension or dismissal depending on the severity of the infraction.

Central Oklahoma College students should aspire to follow these behavioral standards:

- **Citizenship:** Be civically responsible and engaged to improve our campus and community;
- **Academics:** Respect the College's commitment to academic integrity and uphold the values of honesty and responsibility that preserve our academic community;
- **Responsibility:** Accept responsibility for your education, personal behavior, and future success, appropriately challenging others to do the same;
- **Diversity:** Behave in a manner that recognizes and respects individual differences, supporting both diversity and inclusiveness;
- **Safety:** Do no harm and help maintain the safety and welfare of the college and community by immediately reporting unusual or dangerous behavior.

The complete policy on Student Conduct will be reviewed during orientation.

## CLASS SIZE

Central Oklahoma College provides a classroom environment that closely simulates that of related industry. With that objective in mind, the maximum student-to-teacher ratio is as follows:

Program	Lab Classes	Lecture Classes
Barber	Lab 22 to 1	Lecture 22 to 1
Basic Cosmetology	Lab 22 to 1	Lecture 22 to 1
Esthetician	Lab 22 to 1	Lecture 22 to 1
Laser Programs	Lab 12 to 1	Lecture 22 to 1
Massage Therapy	Lab 25 to 1	Lecture 25 to 1
Master Instructor	Lab 22 to 1	Lecture 22 to 1
Practical Nursing	Lab 12 to 1	Lecture 25 to 1
Surgical Technologist	Lab 12 to 1	Lecture 25 to 1

## STUDENT COMPLAINT AND GRIEVANCE POLICY

Students that have concerns or complaints are encouraged to communicate their concerns to a Central Oklahoma College staff or faculty member as soon as possible.

You may do so verbally or in writing. The college will review your complaint and address it within 24 hours. The Campus Director and/or President of the college will make the final decision.

If a student does not feel that the college has adequately addressed a complaint or concern, the student may consider contacting:

Oklahoma Board of Private Vocational Schools  
3700 N Classen Blvd, Ste. 250  
Oklahoma City, OK 73118  
Phone (405) 528-3370

Oklahoma State Board of Cosmetology & Barbering  
2401 NW 23<sup>rd</sup> Ste. 84  
Oklahoma City, OK 73107  
Phone (405) 521-2441

Oklahoma State Board of Nursing  
2915 N Classen Blvd, Ste. 524  
Oklahoma City, OK 73106  
Phone (405) 962-1800

Colleges accredited by the Accrediting Commission of Career Colleges and Colleges must have a procedure and operational plan for handling student complaints. If a student does not feel that the college has adequately addressed a complaint or concern, the student may consider contacting the Accrediting Commission. All complaints reviewed by the Commission must be in written form and should grant permission for the Commission to forward a copy of the complaint to the college for a response. This can be accomplished by filing the ACCSC Complaint Form. The complainant(s) will be kept informed as to the status of the complaint as well as the final resolution by the Commission. Please direct all inquiries to:

Accrediting Commission of Career Schools and Colleges  
2101 Wilson Boulevard, Suite 302  
Arlington, VA 22201  
(703) 247-4212

[complaints@accsc.org](mailto:complaints@accsc.org)

A copy of the ACCSC Complaint Form is available at the college and may be obtained by contacting the Campus Director or online at [www.accsc.org](http://www.accsc.org).

## BARBER

The Barber program is designed to prepare students for an entry level career as a Licensed Barber. Students will learn all phases of barbering in a classroom, lab and clinical environment. This includes developing and demonstrating a working knowledge in safety and disinfection procedures, anatomy and physiology, chemistry, facial massage, haircutting and styling, perms, hair coloring, men's shaving and beard design, and State Board rules, regulations and statutes. The approach to training used by the college is based on sound educational principals and teaching fundamentals. Upon completion of the course, the student shall have demonstrated all required competencies to take the Oklahoma State Board of Cosmetology & Barbering Examination. All course work meets Oklahoma State Board of Cosmetology & Barbering minimum curriculum requirements. Upon graduation a certificate will be awarded.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
BA1101	The History of Barbering	1.50	30
BA1102	Sanitation and Infection Control	1.50	30
BA1103	Scalp Care, Shampooing and Conditioning	1.50	30
BA1104	Implements, Tools, and Equipment	1.50	30
BA1105	Chemical Texturing	1.50	30
BA1106	Skin Physiology and Histology	1.50	30
BA1107	Facial Massage	1.50	30
BA1108	Facial Treatments	1.50	30
BA1109	Chemistry	1.50	30
BA1110	Bacteriology	1.50	30
BA1111	Electricity	1.50	30
BA1112	Anatomy and Physiology	1.50	30
BA1113	Skin Disorders and Diseases	1.50	30
BA1114	Men's Shaving	1.50	30
BA1115	Men's Hairpieces	1.50	30
BA1116	Introduction to the Barber Clinic	1.50	30
BA1117	Men's Mustache and Beard Designs	1.50	30
BA1118	Barbershop Management	1.50	30
BA1119	Haircutting I	1.50	30
BA1120	Haircutting II	1.50	30
BA1121	Haircutting III	1.50	30
BA1122	Hairstyling I	1.50	30
BA1123	Hairstyling II	1.50	30
BA1124	Hairstyling III	1.50	30
BA1125	Properties and Treatment of Hair and Scalp	1.50	30
BA1126	Hair Coloring I	1.50	30
BA1127	Hair Coloring II	1.50	30
BA1128	Hair Coloring III	1.50	30
BA1129	Facial Hair Coloring	1.50	30
BA1130	Permanent Waving	1.50	30
BA1131	The Business of Barbering	1.50	30
BA1132	Client Services and Product Knowledge	1.50	30
BA1133	State Board Review I	1.50	30
BA1134	State Board Review II	1.50	30
BA1135	State Board Review III	1.50	30
BA1136	State Board Review IV	1.50	30
BA1137	Professional Image and Communication	1.50	30
BA1138	Career Development	1.50	30
BA1139	Thermal Styling	1.50	30
BA1140	Color Correction	1.50	30
BA1141	Barber Clinic I	3.00	60
BA1142	Barber Clinic II	3.00	60
BA1143	Barber Clinic III	3.00	60
BA1144	Barber Clinic IV	3.00	60
BA1145	Barber Clinic V	3.00	60
	<b>Total</b>	<b>75.00</b>	<b>1500</b>

## Course Descriptions

### **BA1101 History of Barbering**

**1.50 Quarter Credit Hours/30 Clock Hours**

This introductory course is an orientation to barbering. Topics in this course will include the history of barbering, life skills, and a review of available career opportunities.

### **BA1102 Sanitation and Infection Control**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course is an in-depth study of sanitation and infection control techniques used in the field of barbering.

### **BA1103 Scalp Care, Shampooing and Conditioning**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the fundamentals of basic scalp care, as well as proper use and procedures of shampooing and conditioning. Proper ergonomics and body positioning will also be covered.

### **BA1104 Implements, Tools and Equipment**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover the parts, uses and care of the various implements, tools and equipment utilized by barbers.

### **BA1105 Chemical Texturing**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course provides an overview of the various types of chemical services and how the service affects the structure of the hair.

### **BA1106 Skin Physiology and Histology**

**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, students will be introduced to the structure and function of the skin.

### **BA1107 Facial Massage**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the massage manipulations required for a facial treatment, including sanitation guidelines.

### **BA1108 Facial Treatments**

**1.50 Quarter Credit Hours/30 Clock Hours**

Students will be provided with the knowledge they need to perform a facial treatment. This course will cover the use and care of facial equipment, as well as proper sanitation, product selection and use.

### **BA1109 Chemistry**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the basics of chemistry, including the ph. scale, states of matter, organic and inorganic chemistry concepts. Students will be able recognize how the science of chemistry influences barbers upon completion of this course.

### **BA1110 Bacteriology**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course expands on the student's knowledge of infection control and its practices. Topics will include bacteria classifications, communicable diseases, universal precautions, and the responsibilities of barber professionals.

### **BA1111 Electricity**

**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the basic properties of electricity and identify the safety procedures associated with the use of electrical equipment.

### **BA1112 Anatomy and Physiology**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers basic human anatomy and physiology.

### **BA1113 Skin Disorders and Diseases**

**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, students learn the common disorders and diseases of the skin.

### **BA1114 Men's Shaving**

**1.50 Quarter Credit Hours/30 Clock Hours**

Focusing on safety, sanitation and technique this course covers men's shaving services.

### **BA1115 Men's Hairpieces**

**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, various types of men's hair replacement systems including hair pieces will be covered. Additionally, the service, care and cleaning of hair pieces will be covered.

## Course Descriptions

**BA1116 Introduction to the Barber Clinic**  
**1.50 Quarter Credit Hours/ 30 Clock Hours**

This course introduces basic barber shop services. Topics include hair color, style and design, haircutting, sanitation and other related topics.

**BA1117 Men's Mustache and Beard Design**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, facial hair designs to include mustaches and beard designs are covered.

**BA1118 Barber Shop Management**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course the student will learn the basics of business management and Oklahoma State Board of Cosmetology and Barbering Rules and Regulations that apply to barber shops and salons. This course will include branding, types of business ownerships, the importance of record keeping, and other related topics.

**BA1119 Haircutting I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the basic haircutting techniques including knowledge of reference points, proper body mechanics, and tools used in haircutting and effective sanitation.

**BA1120 Haircutting II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the requirements for women's haircuts. Focus will be on the four basic women's cuts.

**BA1121 Haircutting III**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course teaches students to integrate previously acquired skills and techniques to perform additional haircuts.

**BA1122 Hairstyling I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course focuses on basic hair styling techniques for men.

**BA1123 Hairstyling II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers hairstyling techniques for women.

**BA1124 Hairstyling III**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course additional hairstyling techniques for men and women are covered. Topics include braiding and other advanced styles.

**BA1125 Properties of Hair and Scalp**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will have the opportunity to learn about the structure of hair, as well as disorders of the hair and scalp. Additionally, the student will learn to perform a thorough hair and scalp analysis.

**BA1126 Hair Coloring I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the fundamentals of color theory, color formulation, and proper application.

**BA1127 Hair Coloring II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the difference between hair color and the use of lighteners. Application of various color formulas will be demonstrated.

**BA1128 Hair Coloring III**  
**1.50 Quarter Credit Hours/30 Clock Hour**

Students will learn how to create special effects using color theory, formulation and application.

**BA1129 Facial Hair Coloring**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover the service of facial hair coloring, including product knowledge and application techniques.

**BA1130 Permanent Waving**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, permanent waving and relaxing is covered. Topics include types of products, client consultation, roller sets and corrective processes.

**BA1131 The Business of Barbering**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This comprehensive course covered the business of barbering as both an employee and shop owner. Topics include compensation, team work, selling, record keeping and building a clientele.

## Course Descriptions

### **BA1132 Client Services and Product Knowledge**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course focuses on the customer service and marketing skills needed to build and maintain a clientele, as well as provides tips and techniques to help ensure client satisfaction. Additionally, various product types and lines will be reviewed giving the student a broader understanding of professional products that are available to achieve the desired style.

### **BA1133 State Board Review I**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course is a comprehensive review of the Oklahoma State Board Rules, Regulations and Statutes as they apply to the field of Cosmetology and Barbering.

### **BA1134 State Board Review II**

**1.50 Quarter Credit Hours/30 Clock Hours**

Focusing on the written requirements of the Oklahoma State Board of Cosmetology and Barbering, students will review concepts and develop an individualized study plan in this course. Students will also complete a mock state board examination.

### **BA1135 State Board Review III**

**1.50 Quarter Credit Hours/30 Clock Hours**

Students will review the requirements of the Oklahoma State Board. Focus will be on practical skills and a mock state board examination will be completed.

### **BA1136 State Board Review IV**

**1.50 Quarter Credit Hours/30 Clock Hours**

This comprehensive class focuses on the written and practical licensure requirements of the Oklahoma State Board of Cosmetology and Barbering. In this course, student will continue their studies and complete a mock state board examination.

### **BA1137 Professional Image and Communication**

**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the importance of professionalism in the field of barbering. This course also covers methods of effective communication, both written and oral. Students will create a personal vision statement and develop skills to support their professional goals.

### **BA1138 Career Development**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course prepares students for the job search process. Topics include resume writing, marketing, job search and interview skills.

### **BA1139 Thermal Styling**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover thermal styling tools and techniques, including marcel ironing, curling irons, blow dry styling and other related topics.

### **BA1140 Color Correction**

**1.50 Quarter Credit Hours/30 Clock Hours**

Building on the students' knowledge in color theory, this course covers client consultation and formula preparation for corrective color application.

### **BA1141 Barber Clinic I**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course introduces basic barber shop services. Topics include haircut and style, sanitation, facial treatments and men's shave along with other related topics.

### **BA1142 Barber Clinic II**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides experience in a simulated barber shop setting. Topics include scalp treatments, shampooing, rinsing, hair color, haircutting, chemical restructuring, sanitation and other related topics.

### **BA1143 Barber Clinic III**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides comprehensive experience in a simulated barber shop setting. Emphasis is placed on intermediate –level of, shampooing, hair color, design, haircutting, chemical restructuring, facial treatments, safety and other related topics.

### **BA1144 Barber Clinic IV**

**3.00 Quarter Credit Hours/60 Clock Hours**

An intermediate level course, the student will experience a simulated barber shop. Topics will include customer service, sanitation, beard designs, thermal styling, and other related topics.

### **BA1145 Barber Clinic V**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides additional experience in a simulated barber shop setting. Focus will be placed upon customer care, professionalism, sanitation, client consultation, along with facials, thermal styling, permanent waving, color correction and other related topics.

## BASIC COSMETOLOGY

The Basic Cosmetology program is a comprehensive program covering all phases of cosmetology, preparing the student for an entry-level career as a Licensed Cosmetologist. The Cosmetology course will provide the student with the necessary skills and will prepare the student to pass the State Board Examination. The approach to training used by the college is based on sound educational principals and teaching fundamentals. Upon completion of the course, the student shall have demonstrated all required competencies that are part of the State Board Examination. Upon Graduation a certificate will be awarded.

All course work meets Oklahoma State Board of Cosmetology & Barbering minimum curriculum requirements.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
BC1101	Cosmetology Fundamentals	1.50	30
BC1102	Sanitation and Infection Control	1.50	30
BC1103	Scalp Care, Shampooing and Conditioning	1.50	30
BC1104	Manicuring and Pedicuring	1.50	30
BC1105	Chemical Texturing	1.50	30
BC1106	Principles of Hair Design	1.50	30
BC1107	Facials	1.50	30
BC1108	Hair Removal	1.50	30
BC1109	Braiding and Styling	1.50	30
BC1110	Wigs and Hair Extensions	1.50	30
BC1111	Advanced Nail Techniques	1.50	30
BC1112	Chemistry	1.50	30
BC1113	Bacteriology	1.50	30
BC1114	Electricity	1.50	30
BC1115	Make-up Applications and Procedures	1.50	30
BC1116	Anatomy	1.50	30
BC1117	Professional Image and Communication	1.50	30
BC1118	Introduction to the Cosmetology Clinic	1.50	30
BC1119	Haircutting I	1.50	30
BC1120	Haircutting II	1.50	30
BC1121	Haircutting III	1.50	30
BC1122	Hairstyling I	1.50	30
BC1123	Hairstyling II	1.50	30
BC1124	Properties of Hair and Scalp	1.50	30
BC1125	Hair Coloring I	1.50	30
BC1126	Hair Coloring II	1.50	30
BC1127	Hair Coloring III	1.50	30
BC1128	Salon and Spa Management	1.50	30
BC1129	Client Services and Product Knowledge	1.50	30
BC1130	State Board Review I	1.50	30
BC1131	State Board Review II	1.50	30
BC1132	State Board Review III	1.50	30
BC1133	State Board Review IV	1.50	30
BC1134	Skin Disorders and Diseases	1.50	30
BC1135	Nutrition	1.50	30
BC1136	Thermal Styling	1.50	30
BC1137	Color Correction	1.50	30
BC1138	Advanced Chemical Texturing	1.50	30
BC1139	Cosmetology Clinic I	3.00	60
BC1140	Cosmetology Clinic II	3.00	60
BC1141	Cosmetology Clinic III	3.00	60
BC1142	Cosmetology Clinic IV	3.00	60
BC1143	Cosmetology Clinic V	3.00	60
BC1144	Cosmetology Clinic VI	3.00	60
	<b>Total</b>	<b>75.00</b>	<b>1500</b>



## Course Descriptions

**BC1101            Cosmetology Fundamentals**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This introductory course is an orientation to cosmetology. Topics in this course will include the history of cosmetology, life skills, ethics and a review of available career opportunities.

**BC1102            Sanitation and Infection Control**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course is an in-depth study of sanitation and infection control techniques used in the field of cosmetology.

**BC1103            Scalp Care, Shampooing and Conditioning**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the fundamentals of basic scalp care, as well as proper use and procedures of shampooing and conditioning. Proper ergonomics and body positioning will also be covered.

**BC1104            Manicuring and Pedicuring**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover nail care, nail analysis and basic manicure and pedicure techniques. Proper sanitation and disinfection will also be covered.

**BC1105            Chemical Texturing**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course provides an overview of the various types of chemical services and how the service affects the structure of the hair.

**BC1106            Principles of Hair Design**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, students will discover the philosophy and elements of hair design.

**BC1107            Facials**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the facial including proper sanitation, product selection and use, as well as massage manipulations.

**BC1108            Hair Removal**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This introductory course covers the techniques of basic hair removal. Topics to include the hair growth pattern & cycle, methods of hair removal and proper sanitation procedures.

**BC1109            Braiding and Styling**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will have the opportunity to learn the various types and techniques of braiding. Styling options and tools used for braiding will also be discussed.

**BC1110            Wigs and Hair Extensions**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, the student will establish knowledge in the difference between human and synthetic hair. The various types and styles of wigs and hair extensions will be covered, including techniques for synthetic hair care and styling.

**BC1111            Advanced Nail Techniques**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This class extends the student's knowledge of nail care and services. Topics include: Nail wraps, nail tips and nail enhancements.

**BC1112            Chemistry**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the basics of chemistry, including the ph. scale, states of matter, organic and inorganic chemistry concepts. Students will be able recognize how the science of chemistry influences cosmetology upon completion of this course.

**BC1113            Bacteriology**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course expands on the student's knowledge of infection control and its practices. Topics will include bacteria classifications, communicable diseases, universal precautions, and the responsibilities of salon professionals.

**BC1114            Electricity**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the basic properties of electricity and identify the safety procedures associated with the use of electrical equipment.

**BC1115            Make-up Applications and Procedures**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course introduces the fundamentals of make-up application and techniques. Topics include color theory, application techniques and sanitation.

## Course Descriptions

**BC1116            Anatomy**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers basic human anatomy as it applies to cosmetology.

**BC1117            Professional Image and Communication**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the importance of professionalism in the field of cosmetology. This course also covers methods of effective communication, both written and oral. Students will create a personal vision statement and develop skills to support their professional goals.

**BC1118            Introduction to the Cosmetology Clinic**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course introduces basic salon services. Topics include hair color, style and design, haircutting, permanent waving, relaxing, braiding, sanitation and other related topics.

**BC1119            Haircutting I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will also learn the basic haircutting techniques including knowledge of reference points, proper body mechanics, and tools used in haircutting and effective sanitation.

**BC1120            Haircutting II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the requirements for intermediate level haircuts. Focus will be on reference points, lines, and angles.

**BC1121            Haircutting III**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course teaches students to integrate previously acquired skills and techniques to perform additional haircuts.

**BC1122            Hairstyling I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course focuses on basic hair styling techniques. Topics include wet sets, finger waves, pin curls, hair wrapping and other related topics.

**BC1123            Hairstyling II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers additional hairstyling techniques including roller sets, comb-out techniques, blow outs, updos and other related topics.

**BC1124            Properties of Hair and Scalp**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will have the opportunity to learn about the structure of hair, as well as disorders of the hair and scalp. Additionally, the student will learn to perform a thorough hair and scalp analysis.

**BC1125            Hair Coloring I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course covers the fundamentals of color theory, color formulation, and proper application.

**BC1126            Hair Coloring II**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn the difference between hair color and the use of lighteners. Application of various color formulas will be demonstrated.

**BC1127            Hair Coloring III**  
**1.50 Quarter Credit Hours/30 Clock Hours**

Students will learn how to create special effects using color theory, formulation and application.

**BC1128            Salon and Spa Management**  
**1.50 Quarter Credit Hours/30 Clock Hours**

In this course the student will learn the basics of business management and Oklahoma State Board of Cosmetology Rule and Regulations that apply to salons and spas. Topics will include branding, types of business ownerships, the importance of record keeping, and other related topics.

**BC1129            Client Services and Product Knowledge**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course focuses on the customer service and marketing skills needed to build and maintain a clientele, as well as provides tips and techniques to help ensure client satisfaction. Additionally, various product types and lines will be reviewed giving the student a broader understanding of professional products that are available.

**BC1130            State Board Review I**  
**1.50 Quarter Credit Hours/30 Clock Hours**

This course is a comprehensive review of the Oklahoma State Board Rules, Regulations and Statutes as they apply to the field of Cosmetology.

## Course Descriptions

### **BC1131 State Board Review II**

**1.50 Quarter Credit Hours/30 Clock Hours**

Focusing on the written requirements of the Oklahoma State Board of Cosmetology students will review concepts and develop an individualized study plan in this course. Students will also complete a mock state board examination.

### **BC1132 State Board Review III**

**1.50 Quarter Credit Hours/30 Clock Hours**

Students will review the requirements of the Oklahoma State Board. Focus will be on practical skills and a mock state board examination will be completed.

### **BC1133 State Board Review IV**

**1.50 Quarter Credit Hours/30 Clock Hours**

This comprehensive class focuses on the written and practical requirements of the Oklahoma State Board of Cosmetology Licensure. In this course, student will continue their studies and complete a mock state board examination.

### **BC1134 Skin Disorders and Diseases**

**1.50 Quarter Credit Hours/30 Clock Hours**

In this course, students will learn the process of skin analysis, along with common infections, disorders and diseases of the skin.

### **BC1135 Nutrition**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover the fundamentals of nutrition. Students will learn the sources of basic nutrients, as well as review the USDA recommended daily guidelines, complete a food journal and develop a healthy weekly menu.

### **BC1136 Thermal Styling**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course will cover thermal styling tools and techniques, including marcel ironing, curling irons, blow dry styling and other related topics.

### **BC1137 Color Correction**

**1.50 Quarter Credit Hours/30 Clock Hours**

This advanced course will continue to build the students' knowledge in color theory, how to provide a client consultation for color correction and prepare the formulation needed to correct the unwanted hues and tones.

### **BC1138 Advanced Chemical Texturing**

**1.50 Quarter Credit Hours/30 Clock Hours**

This course expands the student's knowledge of chemical texturing. Focus will be placed on the procedures, techniques and tools used in chemical treatments.

### **BC1139 Cosmetology Clinic I**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course introduces basic salon services. Topics include hair color, style and design, haircutting, permanent waving, relaxing, braiding and wigs along with other related topics.

### **BC1140 Cosmetology Clinic II**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides experience in a simulated salon setting. Topics include nail application, scalp treatments, shampooing, rinsing, hair color, haircutting, chemical restructuring and other related topics.

### **BC1141 Cosmetology Clinic III**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides comprehensive experience in a simulated salon setting. Emphasis is placed on intermediate –level of skin care, manicuring, scalp treatments, shampooing, hair color, design, haircutting, chemical restructuring and other related topics.

### **BC1142 Cosmetology Clinic IV**

**3.00 Quarter Credit Hours/60 Clock Hours**

An intermediate level course, the student will experience a simulated salon. Topics will include customer service, sanitation, hair removal, thermal styling, facials and other related topics.

### **BC1143 Cosmetology Clinic V**

**3.00 Quarter Credit Hours/60 Clock Hours**

This course provides additional experience in a simulated salon setting. Focus will be placed upon customer care, professionalism, sanitation, client consultation, along with facials, thermal styling, permanent waving, color correction and other related topics.

### **BC1144 Cosmetology Clinic VI**

**3.00 Quarter Credit Hours/60 Clock Hours**

This advanced course will complete the students experience in the simulated salon environment. Topics will include advanced haircutting, skin care, facials, nail care, hair design, chemical restructuring as well as other related topics.

## ESTHETICIAN

The Esthetician program is the study of cosmetic products, skin care, and hair removal. The students will gain skills in basic massage, skin analysis, light therapy, facials and cosmetic applications to gain entry-level employment in the cosmetology field. Upon completion of the program, students will be able to sit for the State Board examination for an Esthetician license. Upon graduation a certificate will be awarded.

All course work meets Oklahoma State Board of Cosmetology minimum curriculum requirements.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
ES1101	Introduction to Esthetics	1.00	25
ES1102	Sanitation and Infection Control	1.00	25
ES1103	Basic Chemistry	1.00	25
ES1104	State Board Rules, Regulations and Statutes	1.00	25
ES1105	Skin Physiology and Histology	1.00	25
ES1106	Facials	1.00	25
ES1107	Advanced Facials	1.00	25
ES1108	Electrical Esthetics	1.00	25
ES1109	Body Treatments	1.00	25
ES1110	Anatomy	1.00	25
ES1111	Hair Removal I	1.00	25
ES1112	Hair Removal II	1.00	25
ES1113	Advanced Waxing	1.00	25
ES1114	Skin Care Products I	1.00	25
ES1115	Skin Care Products II	1.00	25
ES1116	Advanced Esthetics I	1.00	25
ES1117	Advanced Esthetics II	1.00	25
ES1118	Nutrition	1.00	25
ES1119	Skin Care and Treatment Room & Machines	1.00	25
ES1120	Make-up I	1.00	25
ES1121	Make-up II	1.00	25
ES1122	Make-up III	1.00	25
ES1123	Advanced Make-up I	1.00	25
ES1124	Advanced Make-up II	1.00	25
ES1125	Advanced Peels and Body Treatments	1.00	25
ES1126	Microderm Abrasion I	1.00	25
ES1127	Microderm Abrasion II	1.00	25
ES1128	Working in a Med-Spa Environment	0.50	10
ES1129	Salon Development	0.50	15
ES1130	Career Development	1.00	20
ES1131	Communication and Ethics	1.00	20
	<b>Total</b>	<b>30.00</b>	<b>740</b>

## Course Descriptions

**ES1101 Introduction to Esthetics**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This introductory course is an orientation into esthetics. Topics include the history of esthetics, client consultation, and basic sanitation.

**ES1102 Sanitation and Infection Control**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course is an in-depth study of sanitation and infection control techniques used in the esthetics field. Sanitation of various tools including machines, beds, implements as well as Oklahoma State board requirements will be covered.

**ES1103 Basic Chemistry**  
**1.00 Quarter Credit Hours/25 Clock Hours**

The course covers the basic chemistry of the skin. Topics include the PH scale as well as an introduction into skin care products.

**ES1104 State Board Rules, Regulations & Statutes**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course is a comprehensive review of the Oklahoma State Board Rules, Regulations and Statutes as they apply to the field of Esthetics.

**ES1105 Skin Physiology and Histology**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course introduces students to the structure and functions of the skin, as well as how to analyze skin with the various methods used in esthetics.

**ES1106 Facials**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course provides students with the knowledge and skills necessary to perform a facial including proper sanitation, product selection and use as well as massage manipulations. Upon completion the student should be able to demonstrate competency of the facial service.

**ES1107 Advanced Facials**  
**1.00 Quarter Credit Hours/25 Clock Hours**

Expanding on the basic facial, this course will cover the techniques and products used in an advanced facial. Additionally, the student will be able to perform a skin analysis and treat clients with special needs.

**ES1108 Electrical Esthetics**  
**1.00 Quarter Credit Hours/25 Clock Hours**

In this course, students will receive an overview of the use of electricity and skin care. Topics include basic electrical properties, machine care and sanitation.

**ES1109 Body Treatments**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course introduces various body treatments that can be offered within a spa setting. Topics will include sanitation, application techniques and product selection.

**ES1110 Anatomy**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course covers basic human anatomy as it applies to esthetics.

**ES1111 Hair Removal I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This introductory course covers the techniques of basic hair removal. Topics to include the hair growth pattern & cycle, methods of hair removal and proper sanitation procedures.

**ES1112 Hair Removal II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

Students will learn advanced hair removal methods and techniques. Focus will be placed on alternative hair removal techniques.

**ES1113 Advanced Waxing**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This advanced course focuses on advanced and specialty waxing. Emphasis will be on specialty waxing techniques and procedures, as well as additional sanitation requirements when performing these services.

**ES1114 Skin Care Products I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course provides knowledge of basic skin care products. Topics include the introduction to product lines, type and benefits.

**ES1115 Skin Care Products II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course provides an overview of advanced skin care products. Topics include product selection, facial peels and specialty masks.

## Course Descriptions

**ES1116            Advanced Esthetics I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course is designed to introduce students to advanced topics in esthetics. Ancient and holistic treatments as well as other related topics will be covered.

**ES1117            Advanced Esthetics II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course expands on advanced topics in esthetics.

**ES1118            Nutrition**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course will cover the fundamentals of nutrition. Students will learn the sources of basic nutrients, as well as review the USDA recommended daily guidelines, complete a food journal and develop a healthy weekly menu.

**ES1119            Skin Care Treatment Room & Machines**  
**1.00 Quarter Credit Hours/25 Clock Hours**

The course provides an overview of treatment room set up, reviewing topics including ambiance, client comfort and efficiency as well as the proper use, care and sanitation of the basic skin care machines.

**ES1120            Make-up I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This basic course introduces the fundamentals of make-up application and techniques. Topics include color theory, application techniques and sanitation.

**ES1121            Make-up II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course is designed to supplement the student's knowledge of make-up application and techniques.

**ES1122            Make-up III**  
**1.00 Quarter Credit Hours/25 Clock Hours**

Students will learn enhanced make-up application and techniques in this course.

**ES1123            Advanced Make-up I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

In this course, students will be introduced to advanced topics in make-up.

**ES1124            Advanced Make-up II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This course provides an overview of make-up application and techniques used in specialty settings.

**ES1125            Advanced Peels and Body Treatments**  
**1.00 Quarter Credit Hours/25 Clock Hours**

Reinforcing the concepts of skin care, this course focuses on advanced facial peels and body treatments.

**ES1126            Microderm Abrasion I**  
**1.00 Quarter Credit Hours/25 Clock Hours**

Students will be introduced to the microderm abrasion process. Topics in this course will include skin analysis, client consultation as well as proper machine use, maintenance and sanitation.

**ES1127            Microderm Abrasion II**  
**1.00 Quarter Credit Hours/25 Clock Hours**

This in-depth course will cover advanced topics in the microderm abrasion process, including the use of microderm with other facial services and for clients with special needs.

**ES1128            Working in a Med-Spa Environment**  
**0.50 Quarter Credit Hours/10 Clock Hours**

This course is designed to introduce students to the medical spa environment. Topics include pre- and post-treatment, services offered, record keeping and client expectations. Basic medical terminology will also be covered.

**ES1129            Salon Development**  
**0.50 Quarter Credit Hours/15 Clock Hours**

Students will learn concepts related to salon and spa development. Topics to include marketing, physical design, pricing, and budgeting.

**ES1130            Career Development**  
**1.00 Quarter Credit Hours/20 Clock Hours**

This course prepares students in workplace professionalism, resume writing, job search, interview skills and marketing.

**ES1131            Communication and Ethics**  
**1.00 Quarter Credit Hours/20 Clock Hours**

In this course, students will review ethical standards and behavior, as well as proper communication techniques with both colleagues and clients.

## LASER TECHNOLOGY

Central Oklahoma College offers four program options for professionals in Laser Technology. Each of these programs prepares students with the science and application of medical aesthetic lasers. In these, didactic and hands-on programs students will learn the basics of laser biophysics, skin histology, and clinical applications. Upon successful completion of a program, graduates are prepared for entry level employment in a Medical Spa setting under the appropriate guidance set forth by state law. These programs are approved by the Oklahoma Board of Private and Vocational Schools. **These programs are not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).**

### Laser Technology

This 100-hour Laser Technology program prepares students with the science and application of medical aesthetic lasers. In this didactic and hands on program students will learn the basics of laser biophysics, skin histology, and clinical applications. This course will also train students to be proficient in all aspects of laser safety Upon successful completion of this program, graduates are prepared for entry level employment in a Medical Spa Setting, under the appropriate guidance set forth by state law. ***This program is not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).***

Course Number	Course Name	Quarter Credit Hour	Clock Hours
LT 1101	Foundations of Laser Therapy	0.50	10
LT 1102	Laser Hair Reduction	1.00	25
LT 1103	Intense Pulsed Light	1.00	25
LT 1104	Laser Resurfacing & Toning	1.00	20
LT 1105	Vascular Lesions	0.50	10
LT 1106	Radio Frequency	0.50	10
	<b>Total</b>	<b>4.50</b>	<b>100</b>

### Laser Hair Reduction

The Laser Hair Reduction program prepares students with the science and application of medical aesthetic lasers. In this didactic and hands-on program students will learn the basics of laser biophysics, skin histology and clinical applications. This course will also train students to be proficient in aspects of laser safety and Laser Hair Reduction. Upon successful completion of this program, graduates are prepared for entry level employment performing Laser Hair Reduction in a Medical Spa setting under the appropriate guidance set forth by state law. ***This program is not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).***

Course Number	Course Name	Quarter Credit Hour	Clock Hours
LT1101	Foundations of Laser Therapy	0.50	10
LT1102	Laser Hair Reduction	1.00	25
	<b>Total</b>	<b>1.50</b>	<b>35</b>

### Intense Pulsed Light

The Intense Pulsed Light (IPL) program prepares students with the science and application of medical aesthetic lasers. In this didactic and hands on program students will learn the basics of laser biophysics, skin histology and clinical applications. This course will also train students to be proficient in aspects of laser safety, Intense Pulsed Light (IPL) and Vascular Lesions. Upon successful completion of this program, graduates are prepared for entry level employment performing Intense Pulsed Light procedures in a Medical Spa setting under the appropriate guidance set forth by state law. ***This program is not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).***

Course Number	Course Name	Quarter Credit Hour	Clock Hours
LT1101	Foundations of Laser Therapy	0.50	10
LT1103	Intense Pulsed Light	1.00	25
LT1105	Vascular Lesions	0.50	10
	<b>Total</b>	<b>2.00</b>	<b>45</b>



## Laser Resurfacing and Radio Frequency (RF)

The Laser Resurfacing and Radio Frequency (RF) program prepares students with the science and application of medical aesthetic lasers. In this didactic and hands on program students will learn the basics of laser biophysics, skin histology and clinical applications. This course will also train students to be proficient in aspects of laser safety, Laser Resurfacing & Toning, and Radio Frequency (RF). Upon successful completion of this program, graduates are prepared for entry level employment performing Laser Resurfacing and Radio Frequency (RF) in a Medical Spa setting under the appropriate guidance set forth by state law. *This program is not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).*

Course Number	Course Name	Quarter Credit Hour	Clock Hours
LT1101	Foundations of Laser Therapy	0.50	10
LT1104	Laser Resurfacing & Toning	1.00	20
LT1106	Radio Frequency	0.50	10
	<b>Total</b>	<b>2.00</b>	<b>40</b>

### Course Descriptions

**LT 1101 Foundations of Laser Therapy**  
**0.50 Quarter Credit Hours/ 10 Clock Hours**

This introductory course is an orientation into the world of cosmetic lasers. Topics include the cosmetic laser industry, laser safety, and laser bio-physics. As well as, a study of the anatomy of skin and common skin conditions.

**LT 1102 Laser Hair Reduction**  
**1.00 Quarter Credit Hours/ 25 Clock Hours**

This course on Laser Hair reduction covers basic anatomy of the hair, it's growth patterns and cycles. In this course students learn how laser physics apply to the reduction of hair in the treatment area executing safe laser application. Students will be instructed in Laser Hair reduction technique utilizing multiple modalities available in the laser industry including both laser hair reduction and Intense Pulsed Light (IPL) Hair reduction.

**LT 1103 Intense Pulsed Light (IPL)**  
**1.00 Quarter Credit Hours/ 25 Clock Hours**

This course takes an in-depth look at the science and application of Intense Pulse Light (IPL). Students will learn how to identify and treat benign vascular (and pigmented lesions) and acne prone skin.

**LT1104 Laser Resurfacing & Toning**  
**1.00 Quarter Credit Hours/ 20 Clock Hours**

In this course students will learn how to safely approach and address textural concerns in the skin utilizing the latest in laser technology.

**LT 1105 Vascular Lesions**  
**0.50 Quarter Credit Hours/ 10 Clock Hours**

In this course students will learn to safely identify and treat different types of vascular lesions most commonly found in the skin utilizing today's most common and latest technology.

**LT 1106 Radio Frequency (RF)**  
**0.50 Quarter Credit Hours/ 10 Clock Hours**

In this course students will learn the physics of radiofrequency. Students will learn how to safely utilize multiple RF modalities to achieve skin tightening, circumferential reduction, and acne scar/wrinkle reduction utilizing today's current RF technologies.

## MASSAGE THERAPY

The Massage Therapy program gives students a foundation in basic massage theory and technique. Students will gain skills in Swedish massage, Reflexology, Sports Massage and treating clients with special needs. All lab/clinic work emphasizes anatomy, physiology, and pathology, as well as client customer service and massage application. Upon completion of the program, students will be eligible to sit for the Federation of State Massage Therapy Boards (FSMTB), Massage & Bodywork Licensing Examination (MBLEX). Massage graduates will be eligible for-entry- level positions in the massage and spa industry. Upon graduation a certificate will be awarded.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
MT1101	Introduction to Massage Therapy	1.50	25
MT1102	Sanitation and Safety	1.50	25
MT1103	Anatomy & Physiology I	1.50	25
MT1104	Anatomy & Physiology II	1.50	25
MT1105	Anatomy & Physiology III	1.50	25
MT1106	Anatomy & Physiology IV	1.50	25
MT1107	Anatomy & Physiology V	1.50	25
MT1108	Skeletal System	1.50	25
MT1109	Nervous System	1.50	25
MT1110	Body Systems	1.50	25
MT1111	Cardiovascular and Lymphatic Systems	1.50	25
MT1112	Digestive System	1.50	25
MT1113	Endocrine and Integumentary Systems	1.50	25
MT1114	Muscular System I	1.50	25
MT1115	Muscular System II	1.50	25
MT1116	Muscular System III	1.50	25
MT1117	Muscular System IV	1.50	25
MT1118	Massage Concepts I	1.50	25
MT1119	Massage Concepts II	1.50	25
MT1120	Massage Concepts III	1.50	25
MT1121	Massage Concepts IV	1.50	25
MT1122	Massage Concepts V	1.50	25
MT1123	Biomechanics and Kinesiology	1.50	25
MT1124	Spa Services	1.50	25
MT1125	Massage Business and Marketing	1.50	25
MT1126	Career Development	1.50	25
MT1127	Exam Review	1.50	25
MT1128	Massage Clinic	3.50	75
	<b>Total</b>	<b>44.00</b>	<b>750</b>

## Course Descriptions

**MT1101 Introduction to Massage Therapy**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course introduces fundamental massage concepts. Topics include the history of therapeutic massage, proper body mechanics and basic massage techniques.

**MT1102 Sanitation and Safety**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course provides students with the proper and safe use of equipment and supplies, as well as safety practices for the massage industry. This course also includes an overview of professional ethics and the scope of practice for massage therapists.

**MT1103 Anatomy & Physiology I**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course will introduce students to human anatomy and physiology.

**MT1104 Anatomy & Physiology II**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course provides students with the understanding of the transmission and infection process of musculoskeletal and dermatologic pathologies and diseases.

**MT1105 Anatomy & Physiology III**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course continues the student's study of human anatomy and physiology.

**MT1106 Anatomy & Physiology IV**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course enhances the student's study of human anatomy & physiology, by providing an in-depth study of muscle groups.

**MT1107 Anatomy & Physiology V**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This advanced course completes the student's study of human anatomy & physiology.

**MT1108 Skeletal System**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will become familiar with the framework of the human body: the skeletal system. Upon completion, students will be able to list and describe the individual bones of the body by region.

**MT1109 Nervous System**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course includes the study of functions of the Central Nervous System as well as the Peripheral Nervous System.

**MT1110 Body Systems**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course includes the study of the respiratory, reproductive and urinary systems within the human body, as well as identifying pathologies, indications and contraindications of each system.

**MT1111 Cardiovascular and Lymphatic Systems**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will learn the components and functions of the cardiovascular and lymphatic systems.

**MT1112 Digestive System**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will learn the components and function of the digestive system to include basic nutrition concepts.

**MT1113 Endocrine and Integumentary Systems**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will learn the components and functions of the endocrine and integumentary systems. This course focuses on tissues and major hormones within the human body.

**MT1114 Muscular System I**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will be introduced to the human muscular system, learning the origin, insertion and action as well as palpation skills for muscles.

**MT1115 Muscular System II**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This intermediate course covers the human muscular system, learning the origin, insertion and action as well as palpation skills for muscles.

## Course Descriptions

**MT1116 Muscular System III**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course continues the student's study of the human muscular system, learning the origin, insertion and action as well as palpation skills for additional muscles.

**MT1117 Muscular System IV**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course continues the study of the human muscular system, learning the origin, insertion and action as well as palpation skills for muscles.

**MT1118 Massage Concepts I**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course introduces the concept of Swedish massage and provides an overview of indications and contraindications.

**MT1119 Massage Concepts II**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This basic course introduces reflexology of the hands and feet, to incorporate into massage sessions allowing additional benefits of organ stimulation.

**MT1120 Massage Concepts III**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course will provide students with an understanding of the stages of pregnancy and the effectiveness of therapeutic massage modalities for support of health maintenance for pregnant clients. Students will also acquire additional skills to integrate massage techniques for clients from special populations.

**MT1121 Massage Concepts IV**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will learn various advanced massage techniques and styles directed toward the deeper structures of the muscle and fascia.

**MT1122 Massage Concepts V**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course provides students with proper massage techniques for sports related injuries.

**MT1123 Biomechanics and Kinesiology**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course will introduce students to the basic principles of biomechanics and kinesiology dysfunctional patterns.

**MT1124 Spa Services**  
**1.50 Quarter Credit Hours/25 Clock Hours**

Students will learn various types of spa treatments and the benefits each can provide a client.

**MT1125 Massage Business and Marketing**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course will introduce students to a variety of topics on business practices as suited to the massage therapy industry.

**MT1126 Career Development**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course prepares students in workplace professionalism, resume writing, job search and interview skills.

**MT1127 Exam Prep**  
**1.50 Quarter Credit Hours/25 Clock Hours**

This course provides students with proper study habits, review, and practice tests to prepare for the Massage & Bodywork Licensing Examination (MBLEX).

**MT1128 Massage Clinic**  
**3.50 Quarter Credit Hours/75 Clock Hours**

This course is designed for students to demonstrate practical application of clinic services and procedures. Topics include client history, client intake, clinic and treatment protocol as well as other related topics.

## MASTER INSTRUCTOR

The Master Instructor program will provide current licensed Oklahoma State Board of Cosmetology and Barbering individuals with the knowledge and skills necessary to pass the Master Instructor examination. The Master Instructor program includes courses that prepare students with strategies and methods for classroom management, identifying different learning styles, instructional skills, curriculum development, as well as an understanding of state board rules and regulations. Upon successful completion of the Master Instructor program and passing the state board licensure examination, graduates will be eligible for an entry-level teaching position as a Master Barber Instructor, Master Cosmetology Instructor, Facial/Esthetics Instructor, or a Manicurist/Nail Instructor.

All course work meets Oklahoma State Board of Cosmetology & Barbering minimum curriculum requirements. *This program is not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).*

**Students with 2 years verifiable continued work experience will be credited up to 700 hours per Oklahoma State Board of Cosmetology and Barbering.**

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
IN1101	The Career Education Instructor	1.00	30
IN1102	Learning Styles and Principles	1.00	30
IN1103	Methods of Teaching and Learning	1.00	30
IN1104	Effective Communication	1.00	30
IN1105	Program Review, Development and Lesson Planning	1.00	30
IN1106	Educational Aids and Technology	1.00	30
IN1107	The Art of Retaining	1.00	30
IN1108	Effective Presentations	1.00	30
IN1109	Instructor Practicum 1	1.50	60
IN1210	Instructor Practicum 2	4.50	175
IN1211	Instructor Practicum 3	4.50	175
IN1220	Instructor Practicum 4	4.50	175
IN1221	Instructor Practicum 5	4.50	175
	<b>Total</b>	<b>27.50</b>	<b>1000</b>

## Course Descriptions

**IN1101            The Career Education Instructor**  
**1.00 Quarter Credit Hours/30 Clock Hours**

This course introduces the student to the qualities and characteristics desired as in a master educator. Topics include time and classroom management, as well as state board rules, regulations, and record keeping.

**IN1102            Learning Styles and Principles**  
**1.00 Quarter Credit Hours/ 30 Clock Hours**

This course covers the steps of the learning process as well as the different intelligence types and how to identify each type. Strategies to identify and assist students with special needs will also be covered.

**IN1103            Methods of Teaching and Learning**  
**1.00 Quarter Credit Hours/ 30 Clock Hours**

Students will examine various methods for both teaching and learning.

**IN1104            Effective Communication**  
**1.00 Quarter Credit Hours/30 Clock Hours**

Students will identify methods for classroom management. Focus will be on various classroom control techniques, common learning barriers and other related topics.

**IN1105            Program Review, Development and Lesson Planning**  
**1.00 Quarter Credit Hours/30 Clock Hours**

This course introduces students to the program review process. Topics covered include curriculum development, the use of an advisory council, writing learning objectives and the advantages of a lesson plan.

**IN1106            Educational Aids and Technology**  
**1.00 Quarter Credit Hours/30 Clock Hours**

Students will identify different types of educational aids and technology. Strategies and guidelines to use educational aid effectively will also be covered.

**IN1107            The Art of Retaining**  
**1.00 Quarter Credit Hours/30 Clock Hours**

Student retention is introduced in this course. This course covered the importance of student orientation, institutional culture, effective curriculum and other related topics.

**IN1108            Effective Presentations**  
**1.00 Quarter Credit/ 30 Clock Hours**

Students will examine techniques for effective presentations to facilitate learning within the educational setting.

**IN1109            Instructor Practicum 1**  
**1.50 Quarter Credit Hours/ 60 Clock Hours**

This course covers supervisory and instructional skills for teaching students in a laboratory environment.

**IN1210            Instructor Practicum 2**  
**4.50 Quarter Credit Hours/175 Clock Hour**

This course students will guide learners in both the theory and laboratory classrooms, under the direction of a master instructor. The student will practice developing and presenting lesson plans, as well as classroom management and record keeping.

**IN1211            Instructor Practicum 3**  
**4.50 Quarter Credit Hours/175 Clock Hours**

This course students will guide learners in both the theory and laboratory classrooms, under the direction of a master instructor. The student will practice developing and presenting lesson plans, as well as classroom management and record keeping.

**IN1220            Instructor Practicum 4**  
**4.50 Quarter Credit Hours/175 Clock Hours**

This course students will guide learners in both the theory and laboratory classrooms, under the direction of a master instructor. The student will practice developing and presenting lesson plans, as well as classroom management and record keeping.

**IN1221            Instructor Practicum 5**  
**4.50 Quarter Credit Hours/175 Clock Hours**

This course students will guide learners in both the theory and laboratory classrooms, under the direction of a master instructor. The student will practice developing and presenting lesson plans, as well as classroom management and record keeping.

## PRACTICAL NURSING (AOS)

The Practical Nursing program is an Associate Degree in Occupational Studies and is designed to prepare the graduate to sit for the National Council Licensure Examination (NCLEX) for Practical Nursing. Upon successfully passing the NCLEX the graduate will be prepared for an entry level position as a Licensed Practical Nurse in a variety of settings such as long-term care facilities, long term acute care facilities, hospitals, physicians offices etc.

The program prepares individuals to assist in providing basic medical care while working under the direction of a registered nurse, physician or dentist. The program is designed to prepare the graduate to effectively communicate with clients, families, and members of the healthcare team. Use critical thinking skills while taking vital signs, monitoring patient's health, providing wound care, administering medications, assisting patients with personal hygiene, doing routine lab tests, and providing status updates to RN's and doctors.

Clinical experiences of the program will provide the student opportunities to practice physical assessments, therapeutic communication, data collection, administer drug and IV therapy, with special considerations for working with children, pregnant patients, and the elderly. By the end of the program, the student will gain the knowledge, skills, and attitudes to confidently sit for the NCLEX-PN exam. Upon graduation an Associate of Occupational Studies degree will be awarded.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
PN1101	Fundamentals of Nursing I	5.50	90
PN1102	Communications in Nursing	2.00	30
PN1103	Anatomy & Physiology I	4.00	60
PN1104	Dosage Calculations	4.00	60
PN1105	Introduction to College Studies	2.00	30
PN1106	Introduction to Computers for Nursing	1.50	30
PN1201	Fundamentals of Nursing II	7.00	120
PN1202	Anatomy & Physiology II	4.00	60
PN1203	Pharmacology I	5.50	90
PN1204	Clinical I- Basic Nursing	3.00	60
PN2101	Medical Surgical Nursing I	10.00	150
PN2102	Clinical II- Medical Surgical Nursing	6.50	120
PN2103	Pharmacology II	2.00	30
PN2104	Medical Surgical Nursing II	9.00	138
PN2105	Clinical III- Medical Surgical Nursing	5.00	96
PN2106	Mental Health Concepts	2.50	40
PN2107	Mental Health Concepts Clinical	1.00	24
PN2108	Transition to Practice	6.50	96
PN2109	Maternal/Newborn Nursing	4.00	64
PN2110	Pediatric Nursing	4.00	64
PN2201	Clinical IV- Leadership	3.50	72
	<b>Total</b>	<b>92.50</b>	<b>1524</b>



## Course Descriptions

### **PN1101 Fundamentals of Nursing I**

*Prerequisites: None*

**5.50 Quarter Credit Hours/90 Clock Hours**

This course introduces basic nursing concepts and skills of the Practical Nurse. The laboratory component of this course is designed to offer opportunity for the student to practice basic nursing skills including bed-making, personal hygiene, mobility, and safety measures.

### **PN1102 Communications in Nursing**

*Prerequisites: None*

**2.00 Quarter Credit Hours/30 Clock Hours**

This course covers contemporary interdisciplinary communication in nursing, including medical terminology, interpersonal, intellectual, and written skills used within the healthcare setting.

### **PN1103 Anatomy & Physiology I**

*Prerequisites: None*

**4.00 Quarter Credit Hours/60 Clock Hours**

This course covers the basics of human anatomy and physiology including anatomical terminology, basic biochemistry, cells and tissues, and body systems.

### **PN1104 Dosage Calculations**

*Prerequisites: None*

**4.00 Quarter Credit Hours/60 Clock Hours**

A review of basic math with an introduction to various math concepts used in medication calculation and administration.

### **PN1105 Introduction to College Studies**

*Prerequisites: None*

**2.00 Quarter Credit Hours/30 Clock Hours**

This course will assist student in coping with challenges of the nursing program, clarifying their goals and identifying their individual way of learning. Students will develop new learning strategies and skills that will help them succeed in a health science curriculum. Students will learn how critical thinking applies to everyday life and nursing clinical situations.

### **PN1106 Introduction to Computers for Nursing**

*Prerequisites: None*

**1.50 Quarter Credit Hours/30 Clock Hours**

This course is designed to introduce computer applications in Nursing. Examples include: electronic data collection, storage, electronic health records, personal health information; how to implement, manage, and secure computer-based patient record systems.

### **PN1201 Fundamentals of Nursing II**

*Prerequisites: All 1100 level courses*

**7.00 Quarter Credit Hours/120 Clock Hours**

This course continues to build on basic nursing concepts and skills of the Practical Nurse. Basic nursing skills concepts of the nursing process, critical thinking, and documentation are examined. The laboratory component of this course is designed to offer the opportunity for the student to practice basic nursing skills including physical assessments, vital signs, medical asepsis, dressing changes, pain management, and nutrition.

### **PN1202 Anatomy & Physiology II**

*Prerequisites: All 1100 level courses*

**4.00 Quarter Credit Hours/60 Clock Hours**

This course continues to cover the basics of human anatomy and physiology through the study of body systems.

### **PN1203 Pharmacology I**

*Prerequisites: All 1100 level courses*

**5.50 Quarter Credit Hours/90 Clock Hours**

This course examines the legal implications of medication administration as a Practical Nurse. Pharmacokinetics, pharmacodynamics, and drug classifications will be explored. Various methods of medication administration and calculations will be learned. The laboratory component of this course emphasizes techniques involving the preparation and administration of medications.

### **PN1204 Clinical I- Basic Nursing**

*Prerequisites: All 1100 level courses*

**3.00 Quarter Credit Hours/60 Clock Hours**

This clinical course emphasizes the development of basic nursing care and assessment. Application of nursing knowledge through the practice of clinical decision making, nursing assessment skills, and nursing interventions are explored.

- PN2101 Medical Surgical Nursing I**  
*Prerequisites: All 1100 and 1200 level courses*  
**10.00 Quarter Credit Hours/150 Clock Hours**  
 This course emphasizes the pathophysiological alterations as it relates to acute and chronic illness, nursing management, treatment, and interventions of body systems. The laboratory component of this course focuses on assessment techniques specific to acute and chronic illnesses of body systems.
- PN2102 Clinical II- Medical Surgical Nursing**  
*Prerequisites: All 1100 and 1200 level courses*  
**6.50 Quarter Credit Hours/120 Clock Hours**  
 This clinical course builds on the foundation of Medical Surgical I and the development of clinical decision making, nursing assessments, and interventions to promote the health of older adults.
- P2103 Pharmacology II**  
*Prerequisites: All 1100 and 1200 level courses*  
**2.00 Quarter Credit Hours/30 Clock Hours**  
 This course focuses on the pharmacotherapeutic concepts prescribed for various illnesses experienced across the lifespan while using a body systems approach.
- PN2104 Medical Surgical Nursing II**  
*Prerequisites: All 1100 and 1200 level courses*  
**9.00 Quarter Credit Hours/138 Clock Hours**  
 This course continues to build on the pathophysiological alterations as it relates to acute and chronic illness, nursing management, treatment, and interventions of body systems. The laboratory component of this course continues to build on assessment techniques specific to acute and chronic illnesses of body systems.
- PN2105 Clinical III- Medical Surgical Nursing**  
*Prerequisites: All 1100 and 1200 level courses*  
**5.00 Quarter Credit Hours/96 Clock Hours**  
 This clinical course continues to build on the theory and clinical practice from Medical Surgical II. Clinical decision making, nursing assessments, interventions, medication administration, and nursing care is emphasized.
- PN2106 Mental Health Concepts**  
*Prerequisites: All 1100 and 1200 level courses*  
**2.50 Quarter Credit Hours/40 Clock Hours**  
 This course is designed to provide an overview of psychosocial adaptation and coping concepts used when caring for clients with acute and chronic alterations in mental health.
- PN2107 Mental Health Concepts Clinical**  
*Prerequisites: All 1100 and 1200 level courses*  
**1.00 Quarter Credit Hours/24 Clock Hours**  
 In this clinical course, the application of therapeutic principles within a nurse-patient relationship in a psychiatric setting are explored.
- PN2108 Transition to Practice**  
*Prerequisites: All 1100 and 1200 level courses*  
**6.50 Quarter Credit Hours/96 Clock Hours**  
 This course aims to offer the student opportunities to gain knowledge and skills necessary to transition from student to practicing nurse.
- PN2109 Maternal/Newborn Nursing**  
*Prerequisites: All 1100 and 1200 level courses*  
**4.00 Quarter Credit Hours/64 Clock Hours**  
 This course focuses on the physiological, psychosocial, cultural and developmental needs of the maternal and child client. The laboratory component of this course focuses on assessment techniques specific to the maternal and newborn client. This course includes 18 hours of maternal and newborn clinical rotations.
- PN2110 Pediatric Nursing**  
*Prerequisites: All 1100 and 1200 level courses*  
**4.00 Quarter Credit Hours/64 Clock Hours**  
 This course focuses on the physiological, psychosocial, cultural and developmental needs of the well and ill child. The laboratory component of this course focuses on assessment techniques specific to the well and ill child. This course includes 18 hours of clinical rotations, with a pediatric population.
- PN2201 Clinical IV- Leadership**  
*Prerequisites: All 1100, 1200, and 2100 level courses*  
**3.50 Quarter Credit Hours/72 Clock Hours**  
 This clinical course continues to build on the theory and clinical practice from Medical Surgical I and II. Integration and consolidation of knowledge, skills, and abilities within the realities of the workplace is the aim of this course.

## SURGICAL TECHNOLOGIST (AOS)

The Surgical Technologist program is an Associate Degree in Occupational Studies and is designed to prepare graduates, as an essential member of the surgical team, for entry-level positions in hospitals, surgery centers, and other various surgical settings. Students will learn the basic instruments, supplies, and equipment that will be necessary for all surgical procedures. Students will also learn relevant anatomy and medical terminology. Students will have an understanding of how to work quickly and effectively to anticipate the surgeon's needs during surgery. This includes knowledge of using aseptic technique, creating and maintaining a sterile field, providing pre-operative, intra-operative, and post-operative patient care, along with safe handling of specimens.

The Surgical Technologist program at Central Oklahoma College is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of the Accreditation Review Council on Education in Surgical Technology and Surgical Assisting. The CAAHEP accreditation allows graduates to be eligible to sit for the Certified Surgical Technologist (CST) Examination through the National Board of Surgical Technology and Surgical Assisting (NBSTSA). Upon graduation an Associate of Occupational Studies degree will be awarded.

### Course Outline

Course Number	Course Name	Quarter Credit Hours	Clock Hours
SG 1101	Introduction to Surgical Technology	2.00	30
SG1102	Introduction to College Studies	2.00	30
SG1103	Communications in Surgical Technology	2.00	30
SG1104	Sterilization Techniques	2.50	40
SG1105	Anatomy and Physiology 1	4.00	60
SG1106	Fundamentals of Surgical Technology	4.50	75
SG1107	Microbiology 1	4.50	65
SG1108	Disease and Pathophysiology 1	3.00	45
SG1109	Operating Room Management	2.00	30
SG1110	Surgical Procedures 1	5.50	85
SG1111	Pharmacology	3.50	50
SG1201	Disease and Pathophysiology 2	5.50	80
SG1202	Anatomy and Physiology 2	4.00	60
SG1203	Microbiology 2	4.50	65
SG1204	Surgical Procedures 2	5.00	85
SG2101	Surgical Procedures 3	5.00	85
SG2102	Surgical Procedures 4	5.50	85
SG2201	Surgical Externship 1	9.00	240
SG2202	Surgical Externship 2	9.00	240
SG2203	Surgical Seminar 1	3.50	50
SG2204	Surgical Seminar 2	3.50	50
	<b>Total</b>	<b>90.00</b>	<b>1580</b>

## Course Descriptions

### **SG1101 Introduction to Surgical Technology**

*Prerequisites: None*

**2.00 Quarter Credit Hour/ 30 Clock Hours**

This course will introduce the student to the skills, behavior and knowledge related to the surgical technology field. Topics will include the surgery environment, safety standards, legal and ethical issues as well as the aseptic technique. Students will be introduced to the various functions of professional credentialing and organizations related to the field of surgical technology.

### **SG1102 Introduction to College Studies**

*Prerequisites: None*

**2.00 Quarter Credit Hour/30 Clock Hours**

This course prepares students for academic success in the college classroom. Students will develop study skills and time management, personal wellness strategies that support their academic skills, and a better understanding of themselves as a learner.

### **SG1103 Communications in Surgical Technology**

*Prerequisites: None*

**2.00 Quarter Credit Hours/30 Clock Hours**

This course covers interdisciplinary communication in the field of Surgical Technology. Topics include medical terminology, as well as interpersonal and written communication skills.

### **SG1104 Sterilization Techniques**

*Prerequisites: None*

**2.50 Quarter Credit Hours/40 Clock Hours**

In this course, students will learn the various techniques used for sterilization within the operating room. Topics include basic concepts in aseptic and sterile techniques, scrubbing, gowning and gloving.

### **SG1105 Anatomy and Physiology 1**

*Prerequisites: None*

**4.00 Quarter Credit Hours/60 Clock Hours**

Human anatomy and physiology are taught in this course. Students will learn anatomical terms, as well as the structure and organization of the integumentary, skeletal, nervous, and muscular systems of the human body.

### **SG1106 Fundamentals of Surgical Technology**

*Prerequisites: None*

**4.50 Quarter Credit Hours/75 Clock Hours**

Through lecture and hands-on activities, students will gain the essential skills of the surgical technology field. Topics will include the role of the surgical technologists, perioperative care of the surgical patient, and correct handling methods for sharps, instruments, and other materials.

### **SG1107 Microbiology 1**

*Prerequisites: None*

**4.50 Quarter Credit Hours/65 Clock Hours**

This course covers the principles of microbiology and its application to medicine and sanitation. Training pertinent to the surgical technologist is included.

### **SG1108 Disease and Pathophysiology 1**

*Prerequisites: None*

**3.00 Quarter Credit Hours/45 Clock Hours**

In this course, students will be introduced to human diseases and pathophysiology. Topics will include hemodynamic disorders, wound healing, the effects of trauma and infection, and diseases and disorders treated by surgery.

### **SG1109 Operating Room Management**

*Prerequisites: None*

**2.00 Quarter Credit Hours/30 Clock Hours**

In this course, students are introduced to the management of an operating room or surgical suite. Topics will include surgical planning, surgical scheduling, case management, and HIPPA as well as other ethical and legal considerations.

### **SG1110 Surgical Procedures 1**

*Prerequisites: None*

**5.50 Quarter Credit Hours/85 Clock Hours**

This course covers topics related surgical anatomy, pathology, and procedures that enhance theoretical knowledge of patient care, instrumentation, supplies, and equipment. Topics include diagnostic procedures, general surgery, obstetric and gynecological surgery.

- SG1111            Pharmacology**  
*Prerequisites: None*  
**3.50 Quarter Credit Hours/50 Clock Hours**
- This course covers the attributes, preparations, and calculations of drugs commonly used in surgery. Topics include pharmacological drugs and anesthetics.
- SG1201            Disease and Pathophysiology 2**  
*Prerequisites: All 1100 level courses*  
**5.50 Quarter Credit Hours/80 Clock Hours**
- This course continues the student's study of Human Diseases and Pathophysiology. Topics will include classification of surgical wounds and the various surgical pathologies of each body system.
- SG1202            Anatomy and Physiology 2**  
*Prerequisites: All 1100 level courses*  
**4.00 Quarter Credit Hours/60 Clock Hours**
- This course continues the student's study of human anatomy and physiology. Students will learn about the circulatory, lymphatic, respiratory, digestive, urinary, reproductive, and endocrine systems.
- SG1203            Microbiology 2**  
*Prerequisites: All 1100 level courses*  
**4.50 Quarter Credit Hours/65 Clock Hours**
- This course covers the principles of microbiology and its application to medicine and sanitation. Training pertinent to the surgical technologist is included.
- SG1204            Surgical Procedures 2**  
*Prerequisites: All 1100 level courses*  
**5.00 Quarter Credit Hours/85 Clock Hours**
- In this course, students will learn the surgical anatomy, pathology and procedures for ophthalmic surgery, otorhinolaryngologic, oral and maxillofacial surgery. Topics will include the surgical anatomy, pathology and procedures for each of these specialty areas through a combination of lecture and hands-on lab.
- SG2101            Surgical Procedures 3**  
*Prerequisites: All 1100 & 1200 level courses*  
**5.00 Quarter Credit Hours/85 Clock Hours**
- Anatomy, pathology and procedures for plastic and reconstructive surgery, in addition to genitourinary and orthopedic surgery is covered in this course. Students will apply their theoretical knowledge of patient care, and instrumentation during the mock surgery lab portion of this course.
- SG2102            Surgical Procedures 4**  
*Prerequisites: All 1100 & 1200 level courses*  
**5.50 Quarter Credit Hours/85 Clock Hours**
- Students will learn the theory of patient care, instrumentation, supplies and equipment for Cardiothoracic surgery, peripheral vascular surgery and neurosurgery in this course through a combination of lecture and hands-on lab.
- ST2201            Surgical Externship 1**  
*Prerequisites: All 1100, 1200 & 2100 level courses*  
**9.00 Quarter Credit Hours/240 Clock Hours**
- Upon successful completion of all the required coursework, students will complete an externship in a medical facility. Skills to be practiced under supervision in the surgical suite include perioperative routines, preparing patients for surgical procedures, sterile technique, aseptic technique, identifying and selecting instruments, and counting instruments, sharps, and sponges during and after surgery.
- ST2202            Surgical Externship 2**  
*Prerequisites: All 1100, 1200 & 2100 level courses*  
**9.00 Quarter Credit Hours/240 Clock Hours**
- This course continues the externship experience for the students in a medical facility. Skills to be practiced under supervision in the surgical suite include perioperative routines, preparing patients for surgical procedures, sterile technique, aseptic technique, identifying and selecting instruments, and counting instruments, sharps, and sponges during and after surgery.
- ST2203            Surgical Seminar 1**  
*Prerequisites: All 1100, 1200 & 2100 level courses*  
**3.50 Quarter Credit Hour/50 Clock Hours**
- This course is designed to connect the externship experience to the core concepts of the surgical technology field. Preparation and review for the surgical technology licensing exam will also be covered.
- ST2204            Surgical Seminar 2**  
*Prerequisites: All 1100, 1200 & 2100 level courses*  
**3.50 Quarter Credit Hour/50 Clock Hours**
- This course continues the connection of the externship experience to the core concepts of the surgical technology field. Preparation and review for the surgical technology licensing exam is also a focus in this course.

## CONTINUING EDUCATION

The continuing education courses at Central Oklahoma College will not lead to gaining initial employment. The continuing education courses are not prerequisites to any program nor will they provide credit toward any vocational program. Upon completion the student will receive a certificate of completion. *These courses/programs are not included under the scope of Central Oklahoma College's accreditation from the Accrediting Commission of Career Schools and Colleges (ACCSC).*

### BARBER CROSSOVER

The Barber Crossover course is designed to provide a current Oklahoma Licensed Cosmetologist with 300 hours of training specific to barbering techniques including shaving, clipper cuts and Cosmetology/Barber law. Upon successful completion of the Barber Crossover course and passing state board Barber examinations, individuals will be dual licensed in both Cosmetology and Barbering.

### COSMETOLOGY CROSSOVER

The Cosmetology Crossover course is designed to provide a current Oklahoma Licensed Barber with 300 hours of training specific to cosmetology techniques including manicuring, pedicuring and Cosmetology/Barber law. Upon successful completion of the Cosmetology Crossover course and passing state board Cosmetology examinations, individuals will be dual licensed in both Cosmetology and Barbering.

An individual holding a current Oklahoma Barber or Cosmetology Master Instructor License and completes a crossover course will be eligible to submit an application for examination by the Oklahoma State Board of Cosmetology and Barbering. Upon successful passing the board exam, individuals will be considered licensed as a Master Instructor to teach both Barber and Cosmetology.

All course work meets minimum curriculum requirements and is approved by the Oklahoma State Board of Cosmetology & Barbering. Central Oklahoma College is licensed by the Oklahoma Board of Private Vocational Schools (OBPVS).

### ADMISSIONS REQUIREMENTS

1. Graduation from a state approved high school, or;
2. Certificate of High School Equivalency,
3. Provide proof of current Oklahoma State Board of Cosmetology & Barbering licensure.

#### Foreign High School Diploma or Transcript

Central Oklahoma College will accept a high school diploma or transcript from a foreign school if it is equivalent to a U.S. High School Diploma. In all cases, the original secondary education document must be translated into English and certified as the equivalent of high school completion in the United States by a College accepted evaluating service.

### ADMISSIONS PROCEDURE

1. Tour of the facility and interview with an admissions representative.
2. Complete an application for admission.
3. Remit a \$25 registration fee.

Each candidate for admission is considered without regard to race, color, national origin, sex, age, or disability. Central Oklahoma College complies with the provision of Title IV of the Civil Rights Acts of 1964 and 1974 and the Rehabilitation Act of 1973.

#### Barber and Cosmetology Crossover course Student Registration

Upon enrollment, each student is required to register with the Oklahoma State Board of Cosmetology and Barbering. Central Oklahoma College provides the registration form for students to complete, payment of the \$5.00 fee, and submits to the board.

### EXAMINATION AND LICENSING REQUIREMENTS

Upon successful course completion, individuals are eligible to submit an application for examination for licensing by the Oklahoma State Board of Cosmetology and Barbering. After successfully completing the written and practical exams, a license will be issued.

This is in accordance with the Oklahoma State Board of Cosmetology and Barbering, Rules & Regulations and Licensing procedures.

Passing grades for the written and practical State Board Examinations:		Exam and Annual fees charged by State Board:	
Barber License	75%	Examination Registration	\$35.00
Cosmetology License	75%	Barber License	\$25.00
Master Instructor	75%	Cosmetology License	\$25.00
		Master Barber Instructor License	\$50.00
		Master Cosmetology Instructor License	\$50.00

## CONTINUING EDUCATION

### Dermaplaning

#### Dermaplaning – 4 hours

In the dermaplaning course, students will participate in both theory and practical. Students will learn how to complete a skin analysis in order to determine if their client is a qualified candidate, pre and post care, skin disorders and contraindications, safety instructions and proper instrument use. Students will participate in all hands on instruction and must be prepared to be a model, unless contraindicated. Students will successfully complete a clinical skincare assessment, consent form, and practice treatment. **Prerequisite is a current Facialist or Cosmetology license.**

### Chemical Peels

#### Chemical Peels- 4 hours

Students will learn the theory and practice of the Chemical Peel service. Skin analysis, pre and post care as well as contraindications of Chemical Peels will be taught. Students will participate in all hands on instruction and must be prepared to model unless contraindicated. Students will successfully complete a clinical skin care assessment, consent form and practice treatment. **Prerequisite is a current Facialist or Cosmetology license.**

### HydraFacial

#### HydraFacial – 20 hours

As a HydraFacial Partner School, our 20-clock hour continuing education course is designed for you to gain useful skills and knowledge to perfect the delivery of the HydraFacial to your clients. The course will cover the HydraFacial system, elements of treatments, protocols, product knowledge and hands on treatments. Student will receive a HydraFacial certification upon successful completion of the course. **The pre-requisite for this course is as follows: be a licensed medical professional, or be a licensed Esthetician or Cosmetologist, or provide documentation of employment from a medical spa setting.**

### Massage

**Prerequisites for all massage courses is current massage license.**

#### Hot Stone Massage-5 hours

This course will present the basics of hot and cold stone massage including benefits, contraindications, set up, and how to use stones during massage therapy.

#### Reiki: Basic -5 hours

Reiki, pronounced "ray-key", is a spiritual healing process founded in Japan by a man named MikaoUsui. The practice of Reiki involves transferring energy through the practitioner laying their hands on the client using different hand positions. This course will present you with detailed information explaining the history of Reiki, how Reiki works on the body, and what you can do if you are interested in practicing Reiki on your clients. It will also explain basic hand positions and contraindications to Reiki therapy. *\*This course does not include a certification to practice Reiki.*

#### Traditional Chinese Medicine: Basic–5 hours

An introduction to Traditional Chinese Medicine that outlines the history of TCM, five element theory, zu/fang organ theory, and simple techniques.

#### Traditional Chinese Medicine: Advanced– 5 hours

An advanced course that explores the concepts from Basic Traditional Chinese medicine more deeply.

#### Ayurveda: Basic -5 hours

An introductory course to Ayurveda, the traditional health and wellness system of India, that outlines the history of Ayurveda, the chakra/dosha system, and simple techniques.

#### Ayurveda: Advanced -5 hours

An advanced course that explores the concepts from Basic Ayurveda more deeply.

## **CONTINUING EDUCATION**

### **Introduction to Lymphatic Drainage- 5 hours**

In this introductory course, students will learn the proper techniques to for lymphatic drainage massage.

### **Sports & Rehabilitative Massage: Basic–5 hours**

This course will introduce you to the theories and principles of pre-, inter- and post- event sports massage. It will define what sports massage is, physiological principles that govern sports massage, and will explain different injuries suffered by athletes. This course will also provide information on sports psychology, stretching, diet, and contraindications.

### **Sports & Rehabilitative Massage: Advanced -5 hours**

An advanced course that explores the concepts from Basic Sports & Rehabilitative massage more deeply.

### **Pregnancy & Infant massage–5 hours**

This course will introduce you to pregnancy massage, providing valuable information on the physiology of pregnancy, benefits and contraindications to pregnancy massage, and basic massage techniques to treat the common discomforts of pregnancy. This course will cover every topic of pregnancy including preconception support, the prenatal period, labor, and the postpartum period. It will also discuss marketing strategies to improve your practice.

### **Reflexology: Basic-5 hours**

This course will introduce you to the principles and practice of reflexology on the hands and feet. The hands and feet contain points and zones that relate to individual glands, nerves, muscles, and organs. Working with these points, the practice of reflexology alleviates energy blockages that may cause pain or disability in the body, restoring optimum health and providing complementary holistic treatment. This course gives a background in reflexology and then provides charts as well as a whole feet and hand reflexology session.

### **Reflexology: Advanced -5 hours**

An advanced course that explores the concepts from Basic Reflexology more deeply.

### **Ethics Overview–5 hours**

This course provides a general overview of ethics topics such as scope of practice, professionalism, confidentiality, consent, business practices, and record keeping. It outlines the code of ethics and standards of practice that regulate the massage therapy profession. After completion of this course, you will have a full understanding of what is required of you as a professional massage therapist.

### **Naturopathic Massage: Basic- 5 hours**

This course will provide an overview on how the Naturopathic approach in massage therapy can benefit your client. Areas such as vitamins, minerals, essential oils, music therapy, muscle testing and Sciatica release will be discussed.

### **Naturopathic Massage: Advanced- 5 hours**

This course will provide an overview on how the Naturopathic approach in massage therapy can benefit your client. Areas such as vitamins, minerals, essential oils, music therapy, muscle testing and Sciatica release will be discussed.

### **Introduction to Nerve Impingements- 5 hours**

In this course, students will learn about the nervous system, current pain science, and how nerve impingements happen. Techniques to treat issues like carpal tunnel, golfer's/tennis elbow, sciatica, shin splints, and plantar fasciitis, will be covered.

### **Introduction to Myofascial Release- 5 hours**

This course will provide an overview of the fascial system, the anatomy of connective tissue, the nervous system, and the integumentary system. Students will learn simple Myofascial techniques and how to incorporate Myofascial principles into your Swedish massage.

### **Body Mechanics- 4 hours**

In this course, students will cover the use of one's body in ways that are safe, are energy-conserving, reduce physical stress and strain, and are anatomically and physiologically efficient. **The pre-requisite for this course is a current massage therapy license.**

### **Cupping- 4 hours**

This course will cover the benefits and techniques of cupping and the different cups used. Explain the difference between Dynamic and Static cupping and the benefits of each. Safety and sanitation along with Cupping contraindications, will also be covered. **The pre-requisite for this course is a current massage therapy license.**



# REFUND POLICY

The Refund Policy applies to all terminations for any reason, by either party, including student decision, expulsion, course or program cancellation, or College closure.

Central Oklahoma College courses under 600 clock hours are not eligible for Title IV funds or other financial aid. Refunds will be calculated using the Institutional Refund Policy as defined below.

## **Cancellation**

An applicant rejected by the College will be refunded of all monies paid.

All monies paid by an applicant will be refunded if requested within three days after signing an enrollment agreement and making an initial payment.

If a student cancels their enrollment after the three-day cancellation period, but prior to starting classes, they shall be entitled to a refund of all monies paid to the College less the registration fee of \$25.00.

## **Withdrawal After Commencement of Classes**

### **Institutional Refund Policy:**

Enrollment time for refund computation purposes is defined as the time elapsed between the actual starting date and the date of the student's last day of physical attendance. Applicable refunds due to the student will be made within 30 days of the students' cancellation or withdrawal date determination.

- During the first week of class, but after the three-day cancellation period, entering school and starting the course of training, the College shall retain 10% of the tuition contract price, but in no event more than \$350.00.
- During the first 25% of a payment period, the College retains 25% of tuition charged in the payment period, plus any previous payment.
- During the second 25% of a payment period, the College retains 50% of the tuition charged in the payment period, plus any previous payment period costs.
- After more than 50% of a payment period, the College retains 100% of the tuition charged in the payment period, plus any previous payment period costs.
- Special cases. In case of student prolonged illness or accident, death in the family, or other extreme circumstance that makes it impossible or impractical to complete the course, the College shall make a settlement, which will be fair and reasonable to both parties.
- Discontinued class. If a class is discontinued by the College while students are still enrolled in that class, and the College is still offering training in other areas, all tuition monies (student loan, grant, etc.) paid to the College for students enrolled in the class will be refunded.
- Extra Expenses.
  1. Books and supplies are included in the cost of tuition and non-returnable; therefore, no refund is allowed.
  2. Students failing to complete the program as contracted shall be assessed fees according to the College refund policy after the Federal Return of Title IV Refund Policy has been applied.

## **Withdrawal Policy**

**Official Withdrawal:** Any student wishing to withdraw should do so by contacting the College and completing withdrawal paperwork.

**Unofficial Withdrawal:** If a student fails to attend class, without notification, within a consecutive 14 calendar day period, he/she will be considered a withdrawal and terminated from the program.

## **Return of Title IV Refunds Policy:**

(Complete policy requirements can be found in the Financial Aid Office):

This policy only applies to students receiving Federal Title IV funds or other Federal Financial Aid who withdraw officially, unofficially or fail to return from a leave of absence or dismissed from enrollment at the College.

The calculated amount of the Return of Title IV (R2T4) funds that are required for the students affected by this policy are determined according to the amount of time a student spent in academic attendance, and the total aid received. Title IV funds are awarded to the student under the assumption that he/she will attend the College for the entire period for which the aid is awarded. When a student withdraws, he/she may no longer be eligible for the full amount of Title IV funds that were originally scheduled to be received. Therefore, the amount of Federal funds earned must be determined by a specific formula based on a pro-rata basis. If the amount disbursed is greater than the amount earned by the College, unearned funds must be returned.

Central Oklahoma College will return unearned aid in the following order:

1. Unsubsidized Federal Stafford Loans
2. Subsidized Federal Stafford Loans
3. Federal Plus Loans
4. Federal Pell Grant
5. Iraq and Afghanistan Service Grant
6. Private and Institutional aid
7. Student Funds

The College has 45 days from the date that it determines the student withdrew to return all unearned funds for which it is responsible.

The College is required to notify the student if they owe a repayment via written notice.

All Federal Aid Disbursements will be applied to the student's financial ledger until all school tuition and fees are paid in full. Credit balances noted on a student's ledger will be reconciled within 14 days of the completion of the R2T4 Calculation; reconciliation of a credit balance will be in accordance with 34 CFR Return of Title IV funds.

### **Post Withdraw**

If a student did not receive all of the funds they have earned, they may be due a post-withdrawal disbursement. The College may use a portion or all of your post-withdraw disbursement for tuition and fees (as contracted with the College).

The College will offer any post-withdraw disbursement of loan funds within 30 days of the date it determines the student withdrew. The College must be granted permission from the student (or parent in the case of a Parent Plus Direct Loan) to disburse loan funds after the student has been withdrawn from school.

The College must disburse any Title IV grant funds a student is due as part of a post-withdrawal disbursement within 45 days of the date the school determined the student withdrew. The College is not required to be granted permissions to disburse TIV grants fund after the student has been withdrawn from school.

For all other school charges, the College requires your permission to use the post-withdraw disbursement. If you do not give permission, you will be offered the funds. However, it may be in your best interest to allow the school to keep the funds to reduce your debt at the school. The post-withdrawal disbursement must be applied to outstanding institutional charges before being paid directly to the student. A post-withdrawal disbursement results in a credit balance, will be refunded to the student within 14 days of the date the funds are applied to the student's account.



# CENTRAL OKLAHOMA COLLEGE

**405.609.6622**

[WWW.CENTRALOC.EDU](http://WWW.CENTRALOC.EDU)

**Licensed by:**

Oklahoma State Board of Cosmetology & Barbering  
2401 NW 23<sup>rd</sup> Suite 84  
Oklahoma City, OK 73107  
Phone: (405) 521-2441

Oklahoma Board of Private Vocational Schools  
3700 N.W. Classen Boulevard, Suite 250  
Oklahoma City, OK 73118  
Phone: (405) 528-3370



# Central Oklahoma College

Catalog Addendum - Effective 3/01/2024

## Tuition Costs

Program	Weeks	Clock Hrs.	Quarter Credit Hrs.	Tuition *	Technology Fee **	Approx. Daily Cost	Total Cost
^Barber- Day	50	1500	75	\$20,295	\$1,225	\$86.08	\$21,520
^Basic Cosmetology- Day	50	1500	75	\$20,295	\$1,225	\$86.08	\$21,520
^Basic Cosmetology- Evening	75	1500	75	\$20,295	\$1,225	\$57.39	\$21,520
^Esthetician- Day	30	740	30	\$12,695	\$735	\$89.53	\$13,430
^Esthetician - Afternoon	39	740	30	\$12,695	\$980	\$70.13	\$13,675
^Esthetician- Evening	39	740	30	\$12,695	\$980	\$70.13	\$13,675
^Intense Pulsed Light	5	45	2.0	\$2,495	\$0 ***	\$277.22	\$2,495
^Laser Hair Reduction	4	35	1.5	\$1,995	\$0***	\$285.00	\$1,995
^Laser Resurfacing and Radio Frequency	4	40	2.0	\$2,495	\$0***	\$311.88	\$2,495
^Laser Technology	10	100	4.5	\$5,845	\$0***	\$292.25	\$5,845
^Massage Therapy- Day	30	750	44	\$13,395	\$735	\$94.20	\$14,130
^Massage Therapy- Evening	50	750	44	\$13,395	\$1,225	\$58.48	\$14,620
^Master Instructor	30	1000	27.5	\$4,625	\$735	\$35.73	\$5,360
^Master Instructor w/experience	10	300	9.5	\$2,015	\$245	\$45.20	\$2,260
♦Practical Nursing (AOS)- Day	50	1524	92.5	\$31,495	\$1,225	\$130.88	\$32,720
♦Surgical Technologist (AOS)-Day	60	1580	90	\$31,495	\$1,470	\$109.88	\$32,965

\*Includes books, supplies and \$25 registration fee. Students have option to add cost of computer at market price.

\*\* Technology Fee is \$245 per term and covers costs associated with 24hr access to our learning management system, online library, and technology support.

\*\*\*Due to the length of all Laser programs the technology fee does not apply.

^Upon graduation a certificate will be awarded; ♦Upon graduation an Associates of Occupational Studies will be awarded.

### \*Schedules

Barber - Day	Monday - Friday 9am - 3pm
Basic Cosmetology - Day	Monday - Friday 9am - 3pm
Basic Cosmetology - Evening	Monday - Friday 5:30pm - 9:30pm
Esthetician - Day	Schedule 1 Monday - Friday 9am - 2pm, then changes to; Schedule 2 Monday - Friday 10am - 3pm
Esthetician - Afternoon	Monday-Friday 1pm-5pm
Esthetician - Evening	Monday - Friday 5:30pm - 9:30pm
Intense Pulsed Light, Laser Hair Reduction, Laser Resurfacing and Radio Frequency and Laser Technology	Monday & Thursday 1pm-5pm Starting 1/25/23: Monday & Wednesday 2:30-7:30pm
Massage Therapy - Day	Monday - Friday 9am - 2pm
Massage Therapy - Evening	Monday - Thursday 5:30pm - 9:30pm
Master Instructor	Monday 9am-3pm, T-F either 9am-3pm or 3:30pm- 9:30pm, then changes to M-F 9am-4pm or 2:30pm-9:30pm.
Practical Nursing - Day	Monday-Friday 9am-3pm, clinic hours may vary
Surgical Technologist - Day	Monday - Friday 9am - 2pm; externship hours may vary

\*Class Schedules for each program are provided upon enrollment

## Continuing Education Tuition

Course/Program	Clock Hrs.	Quarter Credit Hrs.	Total Cost
Barber Crossover	300	N/A	\$3,295
Cosmetology Crossover	300	N/A	\$3,295
Chemical Peels	4	N/A	\$175
Dermaplaning	4	N/A	\$175
HydrdaFacial	20	N/A	\$1,295
All Massage CEU Courses	5	N/A	\$75

Continuing Education Courses, and Program offerings/schedules are listed on the Central Oklahoma College Website at [www.centraloc.edu/continuing-education](http://www.centraloc.edu/continuing-education) or by calling the admissions department at 405-609-6622.

# Central Oklahoma College - Catalog Addendum – Effective 3/01/2024

## CENTRAL OKLAHOMA COLLEGE TERM DATES

### Registration Dates:

Students may register for classes at the beginning of any program term with a start date. All programs, except for Practical Nursing and Surgical Technologist have start dates every term.

### Withdrawal Policy:

**Official Withdrawal:** Any student wishing to withdrawal should do so by contacting the College and completing withdrawal paperwork.

**Unofficial Withdrawal:** If a student fails to attend class without notification, within a 14-calendar day period, he/she will be considered a withdrawal and terminated from the program.

### CENTRAL OKLAHOMA COLLEGE TERM DATES - Catalog Addendum Effective 3/01/2024

Program	Term Start Dates	Term End Dates
Barber -AM Cosmetology -AM Esthetician-AM & Afternoon Master Instructor Massage Therapy-AM	01/15/2024	03/24/2024
	02/19/2024	04/28/2024
	03/25/2024	06/02/2024
	04/29/2024	07/07/2024
	06/03/2024	08/11/2024
	07/08/2024	09/15/2024
	08/12/2024	10/20/2024
	09/16/2024	11/24/2024
	10/21/2024	12/29/2024
	11/25/2024	02/02/2025
	12/30/2024	03/09/2025
Practical Nursing *Program Start Dates	*01/15/2024	03/24/2024
	03/25/2024	06/02/2024
	*06/03/2024	08/11/2024
	08/12/2024	10/20/2024
	*10/21/2024	12/29/2024
Basic Cosmetology- PM	01/22/2024	05/05/2024
	05/06/2024	08/18/2024
	08/09/2024	12/01/2024
	12/02/2024	03/16/2025
	03/17/2025	06/29/2025
	06/30/2025	10/12/2025
	10/13/2025	01/25/2026
	01/26/2026	05/10/2026
Esthetician -PM	01/29/2024	03/31/2024
	04/01/2024	06/09/2024
	06/10/2024	08/18/2024
	08/19/2024	10/27/2024
	10/28/2024	12/29/2024
	12/30/2024	03/09/2025
	03/10/2025	05/18/2025
	05/19/2025	07/27/2025
	07/28/2025	09/28/2025
	09/29/2025	12/07/2025

**Central Oklahoma College - Catalog Addendum – Effective 3/01/2024**

**Term Dates cont.**

<b>Massage Therapy- PM</b>	<b>01/29/2024</b>	<b>04/07/2024</b>
	<b>4/08/2024</b>	<b>06/16/2024</b>
	<b>06/17/2024</b>	<b>08/25/2024</b>
	<b>08/26/2024</b>	<b>11/03/2024</b>
	<b>11/04/2024</b>	<b>01/12/2025</b>
	<b>01/13/2025</b>	<b>03/23/2025</b>
<b>Laser Programs: Are non-term programs Dates listed are start dates</b>	<b>02/13/24</b>	<b>02/15/24</b>
	<b>02/20/24</b>	<b>03/12/24</b>
	<b>03/26/24</b>	<b>03/28/24</b>
	<b>04/02/24</b>	<b>04/18/24</b>
	<b>04/23/24</b>	<b>04/25/24</b>
	<b>04/30/24</b>	<b>05/14/24</b>
<b>Surgical Technologist *Program Start Dates</b>	<b>*01/15/2024</b>	<b>03/24/2024</b>
	<b>03/25/2024</b>	<b>06/02/2024</b>
	<b>06/03/2024</b>	<b>08/11/2024</b>
	<b>*08/12/2024</b>	<b>10/20/2024</b>
	<b>10/21/2024</b>	<b>12/29/2024</b>
	<b>12/30/2024</b>	<b>03/09/2025</b>

**Central Oklahoma College 2024 School Calendar**

No classes will be held on the following holidays or times:

01/15/24 Martin Luther King Day	10/14/24 Indigenous Peoples' Day
02/19/24 Presidents Day (In-Service)	11/11/24 Veterans' Day (In-service)
03/29/24 Good Friday	11/27-29/24 Thanksgiving Holiday
05/24-27/24 Memorial Day	12/13/24 Employee Appreciation Day
06/19/24 Juneteeth	12/24-12/26/24 Winter Break
07/04-05/24 Independence Day	12/31/24 New Year's Eve (afternoon & evening only)
08/30-9/2/24 Labor Day	01/01/25 New Year's Day