

Central News

July & August
2025 Issue

The latest news, views, and announcements

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Commencement Dates

Details on our 2025
Commencement dates

Dates we are Closed

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Holidays and Observance



Important Dates for July & August

CLOSED July 4, 2025- July 4th

July 14, 2025 Career Services Spotlight "Thank you, Next"

July 20th-26th, 2025 Massage is for Everybody Week

August 7, 2025- Integris Guest Speaker for Nursing and Practical Nursing

August Events- Hair Cutting at Governor's Mansion Foster Family Event & YMCA Back to School Bash

August 18, 2025 Career Services Spotlight- Financial Tips and Budgeting Tools

CLOSED August 29th-September 1st, 2025- Labor Day

Paulina Tran May Employee of the Month

Paulina Tran, Cosmetology Instructor



I'm Paulina and I've been in the industry since 2011. I work side by side with my mom in a salon during the day and teach at Central Oklahoma College in the evening. I'm a dog mom of two and enjoy going fishing or being at the lake when I have free time.

Nikki Norman June Employee of the Month

Nikki Norman, Finance Specialist

I'm Nikki, and I am a mom of three kids. I've been working in accounting for 15 years now, which I can't call work anymore because I enjoy it so much. I have been working for Central Oklahoma College since September and I absolutely love it here. In my spare time I like to ride dirt bikes or relax with my kids watching a good movie.



2025 Commencement Dates and Information

Saturday, August 9, 2025-for Graduates who graduated between April 16, 2025-August 31, 2025 **the deadline to order your cap and gown is July 17, 2025.**

**Barber, Cosmetology, Esthetician, and Massage Therapy
Commencement at 9:30am-
Graduates arrive @8:45am**

Location:
ALL SAINTS COMMUNITY CHURCH
11400 N. Portland Ave.
Oklahoma City, OK 73120

All students participating in Commencement need to have a **BLACK** cap and gown. You can order one on www.jostens.com. Go to "Find My School". Type 'Central Oklahoma College' in the search bar. **THE LAST DAY TO ORDER IS JULY 17, 2025.**

If graduates have any questions, please contact the college and ask for Rachel Starks or Tracey Cox, in Career Services.

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Student Spotlight for May & June!

Our May Student of the Month is Troyce Morrison-Long, in Practical Nursing! Congratulations to you for earning the March Student of the Month Award and being recognized for your hard work and

performance!



Our June Students of the Month are Tariq Ward, in Barber and Kirstin Pray, in Practical Nursing! Congratulations for earning the April Student of the Month Award and being recognized for your hard work and performance!



Social Media- What our students are up to!

Follow us on social media to see what our students have been up to! We post Monday-Friday on Facebook and Instagram!

May & June Birthday & Anniversaries

Happy Birthday to all those who celebrated Birthdays in May & June and a big congratulations to our staff and faculty that celebrated Anniversaries at Central Oklahoma College!

Birthdays:

Holly Conner
Craig Eyster
Shannon Fields
Arsalan Ghodratnama
Suzanne Chipman
Cassandra Ellis
Robert Holybee
Ian Nelson
Nicole Womack

Anniversaries:

Cassandra Ellis-6 years
Amy Garner-5 years
Sharon Harnett-1 year
Candace Johnson-2 years
Darlenne Lampe-8 years
Arianna Pugliese-11 years
Stephanie Anderson-1 year
Carolyn Callies-16 years
Holly Conner-19 years
Chrishelle Cooper-6 years
Kim Grammar-10 years
Melinda Henderson-6 years
Shanetha Rivera-1 year

Career Service Spotlight!

Student Services theme for July is "Thank you, Next" where they will give students tips and tricks on how to send thank you emails and cards to potential employers. In August they will be discussing financial tips and budgeting tools to help manage money and start a business.



Student Services Announcements

In July Student Services will provide information on dealing with the heat, with safety and heat related illness tips. They will also discuss Conflict Resolution and how to build that as a life skill. In August it's back to the basics, with back to school assistance as well as how to change in life skill and support your success!



Wellness Wednesdays!

Follow us on Facebook and Instagram for weekly wellness tips, tricks, and resources! July is UV Safety Month and August is National Wellness Month- follow along to stay updated!



Did you know?

UNDERSTANDING STRESS
AND ITS IMPACT





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